

Alane and WES

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Christie Lim (MY) & Martie Papendorf (SA) - June 2017
音乐: Alane (Radio Version) - Wes : (Album: Welenga)



Note on music: The track is indicated as [Explicit] but is sung in the Duala language of Cameroon and no offensive lyrics are heard. 122 bpm

Tag: 1 fun Tag added 2x

Intro. : 16 counts from 1st heavy beat

With much thanks to my friend Roshila Furrer from Lone-Star Linedancers in Zurich for bringing the music to our attention.

S1: □SIDE. TOGETHER. SIDE. TOGETHER. ROCK RIGHT. RECOVER. SAMBA ¼ RIGHT

1,2,3,4 Step R to right side, step L next to R, step R to right side, step L next to R,
[Latin hips]
5,6 Rock R to right side, recover L to left side,
7&8 Step R fwd making a ¼ turn right, rock L to left side, recover R to right side [3.00]

OPTIONAL ARM STYLING:

1,2 Bend elbows out and cross hands in scissor movement, move hands out
3,4 Repeat

S2: □ROCK FWD. RECOVER. 3x TRIPLE ½ TURNS LEFT.

1,2 Rock L fwd, recover R back,
3&4 Make a triple turn ½ left stepping L, R, L, [9.00]
5&6 Make a triple turn ½ left stepping R, L, R, [3.00]
7&8 Make a triple turn ½ left stepping L, R, L [9.00]

TAG: □Add here during walls 4 & 7

OPTIONAL ARM STYLING:

Extend arms during triple turns:

3&4 R up, L down
5&6 Swap arms around to L up, R down
7&8 Swap arms around to R up, L down

S3: □ROCK ¼ LEFT. RECOVER. BEHIND. SIDE. TOGETHER. WALK BACK L, R, L, R

1,2 Rock R to right side turning ¼ left, recover L to left side, [6.00]
3&4 Cross R behind L, step L to left side, step R next to L,
5,6,7,8 Walk back L, R, L, R [6.00]

OPTIONAL ARM STYLING:

5,6,7,8 Shimmy shoulders on walking back

S4: □FWD. LOCK. LOCKSTEP FWD. SCUFF HITCH. CROSS. &. SIDE. CROSS

1,2 Step L fwd, lock R behind L,
3&4 Step L fwd, lock R behind L, step L fwd,
5,6 Scuff and hitch R next to L, step R across L,
&7,8 Step L back, step R to right side, step L across R [6.00]

OPTIONAL ARM STYLING:

1,2 Move shoulders down and up alternating L R
3&4 Move shoulders down and up alternating L R L

START AGAIN

TAG: □Added after sec. 2, during wall 4 & 7.

#1: □ SWAY R ¼ TURN LEFT, L, R, L; SAILOR STEP; SAILOR ¼ LEFT;

1,2,3,4 Step and sway R to right side turning ¼ left, sway L to left side, sway R to right side, sway L to left side,

NOTE: □ Swing both arms R, L, R, L

5&6 Swing R out and cross behind L, rock L to left side, recover R to right side,

7&8 Swing L out and cross behind R making a ¼ turn left, rock R to right side, recover L to left side,

#2: □ SWAY R ¼ TURN LEFT, L, R, L; SAILOR STEP; SAILOR ¼ LEFT

1,2,3,4 Step and sway R to right side ¼ left, sway L to left side, sway R to right side, sway L to left side,

NOTE: □ Swing both arms R, L, R, L

5&6 Swing R out and cross behind L, rock L to left side, recover R to right side,

7&8 Swing L out and cross behind R making a ¼ turn left, rock R to right side, recover L to left side

NOTE: □ To start again step R to right side making another ¼ turn left.

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