

Black Pool Belle 2017

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Improver
编舞者: Peggy Wai (CAN) - June 2017
音乐: Black Pool Belle by The Houghton Weavers



Start to dance after Heavy beats 8 counts - NO Tag NO Restart

S1. □ WALK , WALK , FORWARD MAMBO ; BACK , BACK , LEFT COASTER

1,2,3&4 Walk R forward , Walk L forward ; Rock R forward , Recover onto L , Step R next to L
5,6,7&8 Step L back , Step R back , Step L back , Step R next L , Step L forward

S2. □ SIDE , TOGETHER , SIDE, FLICK ; SIDE , TOGETHER , SIDE, FLICK ; TOUCH , TOUCH, BACK SIDE CROSS

1&2&, Step R to right side , Step L next to R , Step R to right side , Flick L behind R
3&4& Step L to left side , Step R next to L , Step L to left side , Flick R behind L
5,6,7&8 Point R to right side twice , Step R behind L , Step L to left side , Cross R over L

S3. □ TOUCH , TOUCH , BACK , ¼ TURN RIGHT , FORWARD ; TOE STRUTS X 2 , KICK BALL FORWARD

1,2,3&4 Point L to left side twice , Step L Behind R , Step R ¼ turn right , Step L forward
5&6& Touch R toe forward, Drop R heel, Touch L toe forward, Drop L heel,
7&8 Kick R forward , Step R next L , Step L forward (3:00)

S4. □ SYNCOPATED RUMBA BOX ; MAMBO ¼ TURN RIGHT , BACK SHUFFLE

1&2,3&4 Step R to right side , Step L next R , Step R back ; Step L to left side , Step R next L , Step L forward
5&6,7&8 Cross R over L , ¼ Turn L to right , Step R next to L , Shuffle L back(LRL) (6:00)

S5. □ 1/4 TURN RIGHT, SIDE SHUFFLE , BACK , HOOK ; FORWARD LOCK STEPS , PIVOT 1/2 TURN RIGHT

&1&2,3,4 ¼ Turn L to right, Shuffle R to right side RLR , Step L back , Hook R ,
5&6,7,8 Step R forward , Lock L behind R , Step R forward , Step L forward , ½ pivot turn Right (3:00)

S6. LEFT MAMBO , RIGHT MAMBO ; SIDE, TOGETHER (CLAP) , HEELS SWIVELS TO LEFT SIDE

1&2,3&4 Rock L to left side ,Recover onto R, Step L next R ; Rock R to right side ,Recover onto L , Step R next L
5,6,7&8 Step L to left side , Step R next to L(Clap) ; Swivel heels to left , Swivel toes to left , Swivel heels to left

S7. □ SIDE , TOGETHER (CLAP) , OUT IN OUT ; BACK ROCK , RECOVER , SHUFFLE 1/2 TURN LEFT

1,2,3&4 Step R to right side , Step L next to R(Clap) , Touch R to right side , Touch R next L , Touch R to right side
5,6,7&8 Rock back R , Recover onto L , Shuffle ½ turn left on RLR (9:00)

S8. □ BACK ROCK , RECOVER , SHUFFLE 1/2 TURN RIGHT ; BACK ROCK , RECOVER , KICK BALL FORWARD

1,2,3&4 Rock back L , Recover onto R , Shuffle ½ turn right on LRL,
5,6,7&8 Rock back R , Recover onto L , Kick R forward , Step R next L , Step L forward (3:00)

Ending: Dance finishing at 3:00 (When music slows down)

RIGHT FOOT FORWARD , JAZZ BOX ¼ TURN LEFT (BACK TO 12:00)

Step R forward , Cross L over R, ¼ turn left Stepping back R , Step L to left side , Cross R over L

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Happy Father's Day 2017
