

Code Blue

拍数: 32 墙数: 2 级数: High Beginner
编舞者: Brenda Holvick (UK), Robyn Durham (UK) & Jen Rogers (UK) - June 2017
音乐: Flatliner (feat. Dierks Bentley) - Cole Swindell



Heel Dig, Coaster Step, Left Hip Bumps, Right Hip Bumps

1,2 Right heel dig $\frac{1}{4}$ turn right, step back left (3:00)
3&4 Step back right, together left, forward right
5&6 Step left forward as you bump your hip forward, back, forward
7&8 Step right forward as you bump your hip forward, back, forward

Rock Step, Coaster Step, Penguin Turn

1,2 Rock forward left, recover right
3&4 Step back left, together right, forward left
5,6 Turn $\frac{1}{2}$ left as you step side right (9:00), turn $\frac{1}{4}$ left as you step side left (6:00)
7,8 Turn $\frac{1}{4}$ left as you step side right (3:00), turn $\frac{1}{4}$ left as you step side left (12:00)

Restart here on wall 3

Cross Shuffle, Rock Step, Cross Shuffle, Rock Step

1&2 Cross right over left, step side left, cross right over left
3,4 Rock side left, recover right
5&6 Cross left over right, step side right, cross left over right
7,8 Rock side right, recover left

Touch and Heel and Touch and Heel and Step, Pivot, Walk, Walk

1& Touch right toe next to left foot, step back right
2& tap left heel out (45 degree angle), step left
3& Touch right toe next to left foot, step back right
4& tap left heel out (45 degree angle), step left
5,6 Step forward right, $\frac{1}{2}$ pivot left changing weight (6:00)
7,8 Walk right, left

Start Over

Contact: bcalmelat@yahoo.com