

She

拍数: 64 墙数: 4 级数: Intermediate Rumba
编舞者: mBah Wir (INA) - June 2017
音乐: LEI E' Rumba-Beguine (Delfino) Canta Mimmo Orchestra i MISTRAL



Intro: 32 Count - No Tag, No Restart

S1: (CROSS, HOLD)X2, PRISSY WALK (RIGHT, LEFT), TURN ½ LEFT STEP BACK, HOLD

1-4 Corss R over L, Hold, Cross L over R, Hold
5-8 Cross R over L, Cross L over R, Make ½ turn step R back, Hold

S2: BACKWARD ROCK, RECOVER, FORWARD, HOLD, NEW YORK,

1-4 Rock L back, Recover on R, Step L forward, Hold
5-8 Make ¼ L rock R forward, Recover on L, Make ¼ R step R to side, Hold

S3: RIGHT WEAVE, TURN ¼ RIGHT & SWEEP, SLOW COASTER STEP

1-4 Cross L over L, Step R to side, Cross L behind R, Sweep R from front to back
5-8 Make ¼ turn R sweep R back, Step L next to R, Step R forward, Hold

S4: FORWARD, TURN ½ RIGHT, FORWARD, HOLD, FULL TURN LEFT

1-4 Step L forward, Pivot ½ turn R, Step L forward, Hold
5-8 Make ½ turn L step R back, Make ½ turn L step L forward, Step R forward, Hold

S5: FORWARD, TURN ½ RIGHT, TURN ¼ RIGHT STEP BACK, HOLD, WALK FORWARD (RIGHT, LEFT), TURN ¼ LEFT STEP SIDE, HOLD

1-4 Step L forward, Pivot ½ turn R, Make ¼ turn R step L back, Hold
5-8 Walk forward on R, L, Make ¼ L step R to side, Hold

S6: SWAY (LEFT, RIGHT, LEFT), HOLD, SWAY, LEFT ROLLING VINE

1-4 Sway L, R, L, Hold
5-8 Sway R, Make ¼ L step L forward, Make ½ turn L step R back, Make ¼ turn L step L to side, Hold

S7: CROSS ROCK, RECOVER, TURN ¼ RIGHT, HOLD, FORWARD, TURN ½ RIGHT, TURN ¼ RIGHT

1-4 Cross Rock R over L, Recover on L, Make ¼ turn R step R forward, Hold
5-8 Step L forward, Pivot ½ turn R, Make ¼ turn R step L to side, Hold

S8: CROSS BEHIND, TURN ¼ LEFT, FORWARD, TURN ½ LEFT, TURN ¼ LEFT, GRAPE VINE

1-4 Cross R behind L, Make ¼ L step L forward, Step R forward, Pivot ½ turn L
5-8 Make ¼ turn L step R to side, Cross L behind R, Step R to side, Cross L over R

Contact: gieprod@yahoo.com