

# I Could Be The One

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Nathan Gardiner (SCO) - June 2017  
音乐: Be the One - Dua Lipa



**Intro: 16 counts**

## **Syncopated Rocking Chair, R Lock Step, L Rumba Box**

1&2&      Rock forward on R, Recover on L, Rock back on R, Recover on L  
3&4      Step forward on R, Lock L behind R, Step forward on R  
5&6      Step L to L side, Step R next to L, Step back on L  
7&8      Step R to R side, Step L next to R, Step forward on R

## **Chasse ¼ L, Step Pivot ¼ L Cross, Hinge ½ R Cross, Side Rock, Recover**

1&2      Step L to L side, Step R next to L, ¼ L stepping forward on L  
3&4      Step forward on R, Pivot ¼ L, Cross R over L  
5&6      ¼ R stepping back on L, ¼ R stepping R to R side, Cross L over R  
7-8      Rock out to R side, Recover on L

## **Syncopated Rocks, Cross Rock, Recover, Side R & L**

1&2&      Cross rock R over L, Recover on L, Rock out to R side, Recover on L  
3&4      Cross rock R over L, Recover on L, Step R to R side  
5&6&      Cross rock L over R, Recover on R, Rock out to L side, Recover on R  
7&8      Cross rock L over R, Recover on R, Step L to L side

## **Cross, Side L, Back, Behind, ¼ R, Step Forward, Step Pivot ¼ L Step, Step ¾ R, Side L**

1&2      Cross R over L, Step L to L side, Step back on R  
3&4      Step L behind R, ¼ R stepping forward on R, Step forward on L  
5&6      Step forward on R, Pivot ¼ L, Step forward on R  
7&8      Step forward on L, Pivot ½ R, ¼ R stepping L to L side

**Restart: On wall 4 after 16 counts**

**Contact: [nathan.gardiner1998@hotmail.co.uk](mailto:nathan.gardiner1998@hotmail.co.uk)**

**Last Update - 16th June 2017**

---