

Throwback Love Ez

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Annemaree Sleeth (AUS) - June 2017
音乐: Throwback Love - Meghan Trainor : (Single - iTunes)



Written to split the floor to the harder dances out there

Starts Count 64 Starts On Lyrics Don't' Need Your " Money"

Note on the video I have slowed it by -5%

SEC 1 [1 - 8] TOE STRUTS x 4

1 - 2 Touch R Toe Forward, Drop R Heel Down
3 - 4 Touch L Toe Forward, Drop L Heel Down
5 - 6 Touch R Toe Forward, Drop R Heel Down
7 - 8 Touch L Toe Forward, Drop L Heel Down

SEC 2 [9 - 16] ROCKING CHAIR, STEP, HOLD, ¼ PIVOT, HOLD

1 - 2 Rock R Forward, Recover L
3 - 4 Rock R Forward, Recover L
5 - 6 Step R Forward, Hold
7 - 8 Pivot ¼ L, Hold (wgt L)

SEC 3 [17 - 24] SWIVEL HEELS TOE HEEL RIGHT, SWIVEL HEELS TOE HEEL LEFT

1 - 2 Swivel R Heels R Side, Swivel R Toes R Side
3 - 4 Swivel R Heels L Side, Hold (Wgt R) Hands R To R then L To L in the air on swivels
5 - 6 Swivel L Heels R Side, Swivel L Toes R Side
7 - 8 Swivel L Heels L Side, Hold (Wgt L)

Easier Option R Side, Together, Step R Side, Together Side Touch (Repeat To Left)

Styling Option :Leaning Your Body First to the Right then to The Left on Swivels

SEC 4 [25 - 32] JAZZ BOX FORMATION TOE STRUTS,

1 - 2 Cross R Toe Over L, Drop R Heel Down click fingers on the heel downs
3 - 4 Touch L Toe Back , Drop L Heel Down
5 - 6 Touch R Side , Drop R Heel Down Straighten Body Upright
7 - 8 Step L Forward, Hold/Brush or L Toe Strut

Finish To The Front: Dance 16 Counts By Turning Step R Forward 3/4 L Step R Side To Face Front And Pose

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VERSION 2

Last Update - 16th June 2017