

If You Love Me

拍数: 64 墙数: 2 级数: Easy Novice
编舞者: Sebastiaan Holtland (NL) - June 2017
音乐: If You Love Me, Let Me Know - Michael English : (CD: Take Me Home 2017 - iTunes & other mp3 sites - 3:53)



Restart in wall 3 after 16 counts, start again (facing 6 o'clock).

Introduction: 32 counts, start on approx. 17 sec.

Part 1. [1-8] Cross Jazz Box with 1/8 Turn R, Together, 2x Step, Point L, R.

1-4 Step R across L, Making 1/8 turn R (1.30) step L back, Step R to R, Step L beside R.
5-8 On diagonal: Step R forward, Point L out to L, Step L forward, Point R out to R.

PART 2. [9-16] Cross Jazz Box with 1/8 Turn R, Together, ¼ Monterey Turn R.

1-4 Step R across L, Making 1/8 turn R (3.00) step L back, Step R to R, Step L beside R.
5-8 Point R to R, Pivot 1/4 turn R (6.00) step R beside L, Point L to L, Step L beside R weight onto L.

Restart here in wall 3 after 16 counts, after start again (facing 6 o'clock).

PART 3. [17-24] Side, Touch L, Step, Hitch R, Cross, ¼ Turn R, Hip Bump R.

1-4 Step R to R, Touch L beside R, Step L forward, Hitch R knee up.
5-8 Step R across L, Making ¼ turn R (9.00) step L back, Step R to R bump R hip to R, R hip back in centre.

PART 4. [25-32] Side, Cross, Side, Touch L, 1/8 Turn L, Side, Cross, Side, Touch R.

1-4 Step R to R, Step L across R, Step R to R, Touch L beside R.
5-8 Making 1/8 turn L (7.30) step L to L, Step R across L, Step L to L, Touch R beside L.

PART 5. [33-40] 2x Syncopated Half Rumba Box with Holds R, L.

1-4 On diagonal: Step R to R, Step L beside R, Step R forward, Hold.
5-8 On diagonal: Step L to L, Step R beside L, Step L forward, Hold.

PART 6. [41-48] 1/8 L Walking Circle Back R, L, ¼ Turn L, Back, Hold, Step, Lock, Step L, Hold.

1-4 Making 1/8 turn L (6.00) stepping R back, Stepping L back, Making ¼ turn L (3.00) step R back, Hold.
5-8 Step L forward, Lock R behind L, Step L forward, Hold.

PART 7. [49-56] R Heel Fwd, Side, Back, Point L, L Heel Fwd, Side, Back, Point R.

1-4 Step R forward on heel, Step L to L, Step R back, Point L out to L.
5-8 Step L forward on heel, Step R to R, Step L back, Point R out to R.

PART 8. [56-64] Heel Grind R with ¼ Turn R, Back, Touch L, Step, Stomps Out R, L, Hold.

1-4 Step R heel forward and grind to R, Making ¼ turn R (6.00) step back onto L, Step R back, Touch L beside R.
5-8 Step L forward, Stomp R out to R, Stomp L out to L, Hold (weight onto L).

REPEAT DANCE AND HAVE FUN!!

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