

Canadian Please

COPPER KNOB
BY STEPHEN BENTLEY

拍数: 64

墙数: 4

级数: Phrased Easy Intermediate -
Novelty



编舞者: Sue Demitropoulos (CAN) - June 2017

音乐: "Canadian, Please" by Andrew Gunadie & Julia Bentley

Sequence: A, B, Tag 1, A, B, A, A-, Tag 2, B, B+
Parts B & Tags are 1 wall

Note: This looks complicated but it's a 32-count dance with fun bits in between that are cued really well by the music.

Part A: 32 counts

A[1-8] Walk R-L, 1/2 chase turn L, full turn R, L shuffle

- 1-2 Walk forward right, walk forward left
- 3&4 Step right forward, 1/2 turn left stepping left forward, step right forward
- 5-6 1/2 turn right stepping left back, 1/2 turn right stepping right forward
- 7&8 Step left forward, step right next to left, step left forward (6:00)

Easier option: walk forward left (5), walk forward right (6)

A[9-16] R side rock, R behind-side-cross, L side rock, L behind-side-1/4 turn R

- 1-2 Rock right to right side, recover weight to left
- 3&4 Cross right behind left, step left to left side, cross right over left
- 5-6 Rock left to left side, recover weight to right
- 7&8 Cross left behind right, step right to right side, 1/4 turn right stepping left forward (9:00)

A[17-24] R fwd rock, R coaster, L fwd rock, L sailor 1/2 turn

- 1-2 Rock right forward, recover weight to left
- 3&4 Step right back, step left next to right, step right forward
- 5-6 Rock left forward, recover weight to right
- 7&8 Sweep left behind right starting a 1/2 turn left, step right to right side finishing turn, step left to left side (3:00)

[Tag 2 on A-]

A[25-32] Walk R-L, R fwd coaster, walk back L-R, out-out L-R, L close

- 1-2 Walk forward right, walk forward left
- 3&4 Step right forward, step left beside right, step right back
- 5-6 Step back left, step back right
- 7&8 Step left to left side, step right to right side, step left beside right (3:00)

PART B (chorus): 32 counts

B[1-8] "Soldier" walk R-L-R-L, "Money" R step-cross-step-cross

- 1-2-3-4 Walk forward right, left, right, left with straight legs and arms swinging to □side
- 5-6-7-8 Step right forward, cross left over right, step right forward, cross left over right while making a "money" gesture with right hand

B[9-16] Full rolling turn R, L touch, full rolling turn L, R touch

- 1-2-3 Make 1/4 turn right stepping right forward, make 1/2 turn right stepping left back, make 1/4 turn right stepping right to side
- 4 Touch left next to right while nodding head once
- 5-6-7 Make 1/4 turn left stepping left forward, make 1/2 turn left stepping right back, make 1/4 turn left stepping left to side
- 8 Touch right next to left while nodding head once

B[17-24] "Can-can" R step-cross kick, L step-cross kick, "Chill" pose

- 1-2-3-4 Step right to right side, kick left across right, step left to left side, kick right across left while holding arms straight across
- 5-6-7-8 Step right to side and lean into it while crossing arms in front (shift weight left on count 8)

B[25-32] Full rolling turn R, L touch, full rolling turn L, R touch

- 1-2-3 Make 1/4 turn right stepping right forward, make 1/2 turn right stepping left back, make 1/4 turn right stepping right to side
- 4 Touch left next to right while nodding head once
- 5-6-7 Make 1/4 turn left stepping left forward, make 1/2 turn left stepping right back, make 1/4 turn left stepping left to side
- 8 Touch right next to left while nodding head once

Tag 1: (French section): after first Part B at 3:00**[1-8] R shuffle, L shuffle 1/4 turn, R shuffle, L shuffle 1/4 turn**

- 1&2 Step right forward, step left next to right, step right forward
- 3&4 Step left forward making a 1/4 turn left, step right next to left, step left forward
- 5&6 Step right forward, step left next to right, step right forward
- 7&8 Step left forward making a 1/4 turn left, step right next to left, step left forward

[Styling: roll hands at eye level]**[9-16] R shuffle, L shuffle 1/4 turn, R shuffle, L shuffle 1/4 turn**

- 1&2 Step right forward, step left next to right, step right forward
- 3&4 Step left forward making a 1/4 turn left, step right next to left, step left forward
- 5&6 Step right forward, step left next to right, step right forward
- 7&8 Step left forward making a 1/4 turn left, step right next to left, step left forward

[Styling: roll hands at eye level]

Tag 2: (James Cameron): on wall 4 of Part A after count 24 (1/2 sailor) you will be facing 12:00; Make a full circle to the left for 8 counts walking right, left, right, left, right, left, right, left.

Part B+ (extended chorus):**B+[1-8] "Greek" Walk R-L-R-L, "Wall" side touch R-L**

- 1-2-3-4 Step forward right, step forward left and snap right, step forward right, step forward left and snap right
- 5-6-7-8 Step right to right side, touch left next to right, step left to left side, touch right next to left while bring arms up sides in an arc

B+[9-16] Full rolling turn R, L touch, full rolling turn L, R touch

- 1-2-3 Make 1/4 turn right stepping right forward, make 1/2 turn right stepping left back, make 1/4 turn right stepping right to side
- 4 Touch left next to right while nodding head once
- 5-6-7 Make 1/4 turn left stepping left forward, make 1/2 turn left stepping right back, make 1/4 turn left stepping left to side
- 8 Touch right next to left while nodding head once

B+[17-24] "Safari" Hip dips R-L, "Other" Bounces

- 1-2 Step right to right side while bending knees and swinging hips right, □□□straighten knees and touch left to left side with right hand across forehead
- 3-4 Step left to left side while bending knees and swinging hips left, straighten knees and touch right to right side with right hand cross forehead
- 5-6-7-8 Bounce knees down-up-down up while holding hands in an "I don't know" gesture (weight needs to end up left)

B+[25-32] Full rolling turn R, L touch, full rolling turn L, R touch

- 1-2-3 Make 1/4 turn right stepping right forward, make 1/2 turn right stepping left back, make 1/4 turn right stepping right to side

- 4 Touch left next to right while nodding head once
- 5-6-7 Make 1/4 turn left stepping left forward, make 1/2 turn left stepping right back, make 1/4 turn left stepping left to side
- 8 Touch right next to left while nodding head once

End with "Chill" pose

Happy 150th birthday Canada!

Contact: hibou221B@gmail.com
