

Bombastic

COPPER KNOB
STEPSHEETS

拍数: 128 墙数: 1 级数: Phrased Improver
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音乐: Bombastic by Jessy Matador



Step Sheet : Yongnam Jeon

Intro: Start after 48 counts

Seq : A(32), B(32), Tag 1(4-hold), C(32), D(32), Tag 2(16) D(16), C(32), B(32), Tag 3(8-hold), A(32), B(32)

Part A: 32 counts

Sec A1□□: Shoulder Puches Leaning Forward And Back

1-4 Step R to right forward diagonal and gradually lean forward doing shoulder pushes RLRL
5-8 Continue doing shoulder pushes RLRL as you gradually shift weight back to L foot

Sec A2□□: Sec 1 Repeat

Sec A3□□: Vine Step Touch, Vine Step Touch

1-4 Step R to right, step L behind R, step R to right, touch L beside R
(Arms movement : spread arms with palms and fingers the bottom to left)
5-8 Step L to left, step R behind L, step L to left, touch R beside L
(Arms movement : spread arms with palms and fingers the bottom to right)

Sec A4□□: Pivot 1/2 L × 2, Step Touch, Step Together

1-4 Step R forward, pivot 1/2 L, step R forward, pivot 1/2 L
(Arms movement : spread arms upper and rotate counterclock wise twice)
5-8 Step R forward, touch L next to right, step L back, step R next to light

Part B: 32 counts

Sec B1□□: Turn 1/4 L Step, Hold, Side, Hold, Side, Hold, Turn 1/2 R

1-4 Turn 1/4 L step L to left, hold, step R to right, hold
(Arms movement : L ams pop with fist in front of face, R arms pop with fist in front of chest and opposite)
5-6 Step L in place, hold
(Arms movement : L ams pop with fist in front of face R arms pop with fist in front of chest)
7&8& Turn 1/4 R step R to right, step L to left, turn 1/4 R step R to right step L to left
(Arms movement : spread arms upper and rotate counterclock wise twice)

Sec B2□□: Step, Hold, Side, Hold, Side, Hold, Turn 1/2 L

1-4 step R to left, hold, step L to right, hold
(Arms movement : R ams pop with fist in front of face, L arms pop with fist in front of chest and opposite)
5-6 Step R in place, hold
(Arms movement : R ams pop with fist in front of face L arms pop with fist in front of chest)
7&8& Turn 1/4 L step L to right, step R to left, turn 1/4 R step L to right step R to left
(Arms movement : spread arms upper and rotate counterclock wise twice)

Sec B3□□: Step, Hold, Side, Hold, Side, Hold, Turn 1/2 R

1-4 step L to left, hold, step R to right, hold
(Arms movement : L ams pop with fist in front of face, R arms pop with fist in front of chest and opposite)
5-6 Step L in place, hold
(Arms movement : L ams pop with fist in front of face R arms pop with fist in front of chest)
7&8& Turn 1/4 R step R to right, step L to left, turn 1/4 R step R to right step L to left
(Arms movement : spread arms upper and rotate counterclock wise twice)

Sec B4□□: Step, Hold, Side, Hold, Side, Hold, Turn 1/4 L step, Hold

1-4 step R to left, hold, step L to right, hold
(Arms movement : R arms pop with fist in front of face, L arms pop with fist in front of chest and opposite)
5-6 Step R in place, hold
(Arms movement : R arms pop with fist in front of face L arms pop with fist in front of chest)
7-8 Turn 1/4 L step L to right, hold

Part C: 32 counts

Sec C1□□: Step Slip R, L × 4

1&2&3&4& Step R forward, slip R back, step L forward, slip L back, Step R forward, slip R back, step L forward, slip L back
5&6&7&8& Step R forward, slip R back, step L forward, slip L back, Step R forward, slip R back, step L forward, slip L back

Sec C2□□: Turn 1/4 L Step, Touch, Step, Touch × 2

1-4 Turn 1/4 L step R to right, touch L next to R, step L to left, touch R next to L
5-6 Turn 1/4 L step R to right, touch L next to R, step L to left, touch R next to L

Sec C3□□: Sec C1 repeat

Sec C4□□: Sec C2 repeat

Part D: 32 counts

Sec D1□□: Chaleston Step × 2

1-4 Touch R forward, step R back, touch L back, step L forward
(Arms movement : arms hit flank of body)
5-8 Touch R forward, step R back, touch L back, step L forward
(Arms movement : arms hit flank of body)

Sec D2□□: Out, Out, In, In × 2

&1-2 Step R to right, step L to left, hold and fists rotate in front of chest
&3-4 Step R back, step L back, hold and spread arms upper and turn counterclock wise
&5-6 Step R to right, step L to left, hold and fists rotate in front of chest
&7-8 Step R back, step L back, hold and spread arms upper and turn counterclock wise

Sec D3□□: Sec D1 repeat

Sec D4□□: Sec D2 repeat

Tag 1 : 4 count Hold

Tag 2 : 16 count

1-4 Big step R to right, slide L to right(2-3), touch L next to R
(Arms movement : Spread arms side)
5-8 Rotate hips counterclock wise twice
9-12 Big step L to right, slide R to right(10-11), touch R next to L
(Arms movement : Spread arms side)
13-16 Rotate hips clock wise twice

Tag 3 : 8 Count Hold

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