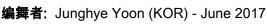
Bombastic

级数: Phrased Improver



音乐: Bombastic by Jessy Matador

Step Sheet : Yongnam Jeon

拍数: 128

Intro: Start after 48 counts Seq : A(32), B(32), Tag 1(4-hold), C(32), D(32), Tag 2(16) D(16), C(32), B(32), Tag 3(8-hold), A(32), B(32)

Part A: 32 counts

Sec A1 .: Shoulder Puches Leaning Forward And Back

1-4 Step R to right forward diagonal and gradually lean forward doing shoulder pushes RLRL
5-8 Continue doing shoulder pushes RLRL as you gradually shift weight back to L foot

Sec A2 : Sec 1 Repeat

Sec A3 C: Vine Step Touch, Vine Step Touch

1-4Step R to right, step L behind R, step R to right, touch L beside R(Arms movement : spread arms with palms and fingers the bottom to left)5-8Step L to left, step R behind L, step L to left, touch R beside L(Arms movement : spread arms with palms and fingers the bottom to right)

Sec A4 : Pivot 1/2 L × 2, Step Touch, Step Together

1-4 Step R forward, pivot 1/2 L, step R forward, pivot 1/2 L

(Arms movement : spread arms upper and rotate counterclock wise twice)

5-8 Step R forward, touch L next to right, step L back, step R next to light

Part B: 32 counts

Sec B1 .: Turn 1/4 L Step, Hold, Side, Hold, Side, Hold, Turn 1/2 R

1-4 Turn 1/4 L step L to left, hold, step R to right, hold

(Arms movement : L ams pop with fist in front of face, R arms pop with fist in front of chest and opposite) 5-6 Step L in place, hold

(Arms movement : L ams pop with fist in front of face R arms pop with fist in front of chest)

7&8& Turn 1/4 R step R to right, step L to left, turn 1/4 R step R to right step L to left

(Arms movement : spread arms upper and rotate counterclock wise twice)

Sec B2
: Step, Hold, Side, Hold, Side, Hold, Turn 1/2 L

1-4 step R to left, hold, step L to right, hold

(Arms movement : R ams pop with fist in front of face, L arms pop with fist in front of chest and opposite) 5-6 Step R in place, hold

(Arms movement : R ams pop with fist in front of face L arms pop with fist in front of chest)

7&8& Turn 1/4 L step L to right, step R to left, turn 1/4 R step L to right step R to left

(Arms movement : spread arms upper and rotate counterclock wise twice)

Sec B3 :: Step, Hold, Side, Hold, Side, Hold, Turn 1/2 R

1-4 step L to left, hold, step R to right, hold

(Arms movement : L ams pop with fist in front of face, R arms pop with fist in front of chest and opposite) 5-6 Step L in place, hold

(Arms movement : L ams pop with fist in front of face R arms pop with fist in front of chest)

7&8& Turn 1/4 R step R to right, step L to left, turn 1/4 R step R to right step L to left

(Arms movement : spread arms upper and rotate counterclock wise twice)

Sec B4 :: Step, Hold, Side, Hold, Side, Hold, Turn 1/4 L step, Hold





墙数:1

1-4 step R to left, hold, step L to right, hold

(Arms movement : R ams pop with fist in front of face, L arms pop with fist in front of chest and opposite)

5-6 Step R in place, hold

- (Arms movement : R ams pop with fist in front of face L arms pop with fist in front of chest)
- 7-8 Turn 1/4 L step L to right, hold

Part C: 32 counts

Sec C1 \Box : Step Slip R, L × 4

- 1&2&3&4& Step R forward, slip R back, step L forward, slip L back, Step R forward, slip R back, step L forward, slip L back
- 5&6&7&8& Step R forward, slip R back, step L forward, slip L back, Step R forward, slip R back, step L forward, slip L back

Sec C2 : Turn 1/4 L Step, Touch, Step, Touch × 2

- 1-4 Turn 1/4 L step R to right, touch L next to R, step L to left, touch R next to L
- 5-6 Turn 1/4 L step R to right, touch L next to R, step L to left, touch R next to L

Sec C3 : Sec C1 repeat

Sec C4 :: Sec C2 repeat

Part D: 32 counts

- Sec D1 .: Chaleston Step × 2
- 1-4 Touch R forward, step R back, touch L back, step L forward

(Arms movement : arms hit flank of body)

5-8 Touch R forward, step R back, touch L back, step L forward

(Arms movement : arms hit flank of body)

Sec D2 $\Box\Box$: Out, Out, In, In × 2

&1-2	Step R to right, step L to left, hold and fists rotate in front of chest
&3-4	Step R back, step L back, hold and spread arms upper and turn counterclock wise
&5-6	Step R to right, step L to left, hold and fists rotate in front of chest
&7-8	Step R back, step L back, hold and spread arms upper and turn counterclock wise

Sec D3 : Sec D1 repeat

Sec D4 .: Sec D2 repeat

Tag 1:4 count Hold

Tag 2 : 16 count

1-4 Big step R to right, slide L to right(2-3), touch L next to R

- (Arms movement : Spread arms side)
- 5-8 Rotate hips counterclock wise twice
- 9-12 Big step L to right, slide R to right(10-11), touch R next to L

(Arms movement : Spread arms side)

13-16 Rotate hips clock wise twice

Tag 3:8 Count Hold

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