

Summerthing

COPPERKNOB
STEPSHEETS

拍数: 96 墙数: 2 级数: Phrased Intermediate
编舞者: Rhoda Lai (CAN) - June 2017
音乐: SummerThing! (feat. Mike Taylor) - Afrojack : (iTunes)



Intro: 16 counts - Sequence: AABAC AABAC AABAC *

A (32 Counts)

AS1: □ L Side, Hold, Extended Side Chasse L, R Cross Rock, ¼ R Shuffle

12 Step L to L side, hold
&3&4 Step R beside L, step L to L side, step R beside L, step L to L side
56 Cross R over L, recover onto L
7&8 ¼ R shuffle, stepping RLR - (3:00)

AS2: □ L Forward Hold, Extended L Lock Steps, R Pivot ½ L, ½ L Lock Steps

12 Step forward L, hold
&3&4 Lock R behind L, step forward L, lock R behind L, step forward L
56 Step forward R, pivot ½ L (9:00)
7&8 ½ L stepping R back, cross L over R, step back R (3:00)

AS3: □ ¼ L - Hips LRLR, Bump Hips LRL, Sit, Hold

12 ¼ L step L to L side pushing hips (Hands up to the L), step R to R side pushing hips (Hands up to the R) □ (12:00)
34 Push hips to the L (Hands down to the L), push hips to the R (Hands down to the R)

Note: snap fingers all the above 4 counts □

5&6 Bump Hips LRL
78 Sit on R, hold

AS4: □ L Ball, ¼ L - R Forward Pivot ¼ L, R Cross-side-sailor ¼ R, L Forward Pivot ¾ R

&1 Step on ball of L beside R, ¼ L stepping R forward (9:00)
234 Pivot ¼ L, cross R over L, step L to the side (6:00)
5&6 ¼ R stepping R behind L, step L in place, step forward R (9:00)
78 Step forward L, pivot ¾ R (6:00)

B (32 Counts) happens only facing 12:00

BS1: □ Nightclub L, R Spiral ½ L, Run Forward LR

1-4 Big step L to L side, hold, step R behind L, cross L over R
56 Step R to the side spiral ½ L (weight on R) placing both hands on the chest (Lyrics: "Heart"), hold (6:00)
78 Run forward L, R

BS2: □ Rock Forward L, Run back RLR-sweep, L Behind, ¼ R

12 Rock forward L raising L hand forward over two counts
3456 Run back R, L, R, sweep L from front to back
78 Step L behind R, ¼ R stepping R forward (9:00)

BS3: □ ¼ R Hand R, Hand L, L Side -Prep, Rolling Full turn R

12 ¼ R stepping L to the side and extend R hand at chest level (Lyrics: "Told") (12:00)
34 Shift weight to R and extend L hand to R hand (Lyrics: "My")
56 Shift weight to L bringing both hands to the chest & prepping L shoulder for turning R (Lyrics: "Heart")
781 ¼ R stepping R forward, ½ R stepping L back, ¼ R stepping R to R side □ (12:00)

BS4: □ L Jazz box ¼ L, R Forward Pivot ¼ L, Cross R

234 Sweep L from back to front, cross L over R, step R back
5678 ¼ L stepping L forward, step forward R, pivot ¼ L, cross R over L (6:00)

C (32 Counts) happens only facing 12:00**CS1: □ Chest pops X2, R Sailor, L Sailor ¼ L, R Forward Pivot ½**

12 Step L to L side while popping chest twice
3&4 Step R behind L, step L to L side, step R to R side
5&6 ¼ L stepping L behind R, step R In place, step L slightly forward (9:00)
78 Step forward R, pivot ½ L (3:00)

CS2: □ (Walk Forward R, L, R Heel Recover, R Back Recover) X 2

12 Walk forward R, L
3&4& Rock forward on R heel, recover onto L, rock back on R, recover onto L
56 Walk forward R, L
7&8& Rock forward on R heel, recover onto L, rock back on R, recover onto L

CS3: □ Rock R Hip Forward and Back, R Pivot ½ L Hook, L Forward-lock, L-Lock-step

12 Rock forward R pushing hips forward, recover onto L pushing hips back
34 Step forward R pushing hips forward, pivot ½ L (weight remains on R), hook L in front of R (9:00)
56 Step forward L, step R behind L popping L knee
7&8 Lock steps forward L, R, L

CS4: □ R Kick-and-rock-back, L Kick-and-rock-back, R Jazz Box ¼ R, Touch L

1&2& Kick R forward, step R in place, rock back on L, recover onto R
3&4& Kick L forward, step L in place, rock back on R, recover onto L
5678 Cross R over L, ¼ R stepping back L, step R to R side, touch L beside R □ (12:00)

***Note: the sequence is basically (AABAC) X 3**

A (12:00), A (6:00), B(12:00), A (6:00), C(12:00)

A (12:00), A (6:00), B(12:00), A (6:00), C(12:00)

A (12:00), A (6:00), B(12:00), A (6:00), C(12:00)

Enjoy!

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