

Alley Boogie

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Improver
编舞者: Emceedance (UK) - June 2017
音乐: Alley Boogie - Georgia White



#16 count intro

NO TAGS, NO RESTARTS

S1: SHUFFLE FWD, HOLD, ¼ right SHUFFLE BACK, HOLD

1,2,3,4 Step R fwd, step L to R instep, step R fwd, hold
5,6,7,8 ¼ turn right Step L back, step R to L instep, step L back, hold

S2: ¼ right SHUFFLE FWD, HOLD, ¼ right SHUFFLE BACK, HOLD

1,2,3,4 ¼ right Step R fwd, step L to R instep, step R fw, hold
5,6,7,8 ¼ turn right Step L back, step R to L instep, step R back, hold

S3: CHASSE, (HITCH,TOUCH,) X2, HITCH

1,2,3,4 Step R to right side, step L next to R, step R to right side, hitch L knee
5,6,7,8 Touch L across R, hitch L knee, touch L toe beside R, hitch L knee (count 8 can be a hold then touch further to the left for the strut)

S4: SIDE TOE STRUT, CROSS TOE STRUT, ½ left CROSS TOE STRUT, SIDE TOE STRUT

1,2,3,4 Touch L to left side, L heel down, touch R over L,R heel down
5,6,7,8 Turn ½ left- touch L across R, L heel down, Touch R to right side, R heel down

S5: CROSS ROCK,RECOVER,SIDE, HOLD, TOG, CHASSE left

1,2,3,4 Cross rock L over R, recover on R, step L large step to left, hold
5,6,7,8 Step R next to L, step L to left side, step R next to L, step L to left side (bump hips L,R,L,R on counts 5-8)

S6: FWD ROCK, RECOVER, SWIVEL R heel ¼ right TOES DOWN ,FWD ROCK,RECOVER, SWIVEL L heel ¼ left, TOES DOWN

1,2,3,4 Rock fwd on R, recover on L, swivel ¼ right on R heel (as for toe fan), R toes down
5,6,7,8 Rock fwd on L, rcover on R, swivel ¼ left on L heel (as for toe fan) L toes down

Alternative in last section 3,4) ¼ right R HEEL STRUT. 5,6) ¼ left L HEEL STRUT

Contact: maureen@poik.net