

Envole-moi (Theory of Flight)

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Martie Papendorf (SA) - June 2017
音乐: Envole-moi - M. Pokora & Tal : (Album: Génération Goldman)



Alt. track: □ Envole-moi. Coraly K, Flash Ki. 2:54 – 112 bpm
[NO YouTube block]

#3 TAGS:

#1 Easy 12count Tag added 2x

#1 Easy 2count Tag added 1x

#1 Easy 4count Tag added 1x

Start on vocals.

S1: □ SIDE. CROSS. BACK. CHASSE LEFT. ROCK R ACROSS. L BACK ¼ RIGHT. TRIPLE TURN ¼ RIGHT

1,2,3 Step R to right side, rock L across R, recover R back,
4&5 Step L to left side, step R next to L, step L to left side,
6,7 Rock R across L, recover L back ¼ turn right, [3.00]
8&1 Make a triple turn ¼ right: stepping R fwd turning a ¼ turn right, step L next to R, step R to right side [6.00]

S2: □ ROCK ACROSS. RECOVER. CHASSE ¼ LEFT. FULL TURN LEFT. SWEEP

2,3 Rock L across R, recover R back,
4&5 Step L to left side, step R next to L, step L fwd turning ¼ left, [3.00]
6,7 Step R back turning a ½ left, step L fwd turning ½ left, [3.00]
8 Sweep R from back to front raising on L toe [3.00]

S3: □ CROSS. BACK. &. CROSS SHUFFLE. R LOCKSTEP BACK. L LOCKSTEP BACK.

1,2& Step R across L, step L back, step R to right side,
3&4 Step L across R, step R to right side, step L across R,
5&6 Step R back, step L across R, step R back,
7&8 Step L back, step R across L, step L back [3.00]

S4: □ ROCK BACK. RECOVER FWD. SAMBA STEP. CROSS. &. CROSS. &. CROSS. & CROSS.

1,2 Rock R back, recover L fwd,
3&4 Rock R across L, recover L to left side, step R to right side,
5&6& Step L across R, step R to right side, step L across R, step R to right side,
7&8 Step L across R, step R to right side, step L across R [3.00]

Optional style note:

Sweep hands from sides forward, up, out and around in counts 5 to 8 [Cross shuffles]

S5: □ LUNGE FWD. STEP BACK. COASTER STEP. ROCK. RECOVER. CHASSE ¼ LEFT

1,2 Lunge R to right diagonal punching L fwd, step L back,
3&4 Step R back, step L next to R, step R fwd,
5,6 Rock L to right diagonal, recover R back,
7&8 Step L to left side, step R next to L, step L fwd turn ¼ left [12.00]

*Add a 4 count TAG and Restart here during wall 4, facing 6.00 [TAG 3] □

*CROSS; BACK; SIDE; CROSS

S6: □ CROSS. HOLD. BACK. SIDE. CROSS. BACK. &. CROSS SHUFFLE

1,2 Step R across L, hold,
3,4 Step L back, step R to right side,

5,6 Step L across R, step R back,
***Add a 2 count TAG and restart here during wall 2, facing 3.00 [TAG 2]**
***1-2 STEP L; TOUCH R**
& step L to left side,
7&8 Step R across L, step L to left side, step R across L [12.00]

S7: □ROCK FWD. RECOVER. SIDE ¼ LEFT. SWEEP. CROSS. BACK. SHUFFLE ½ RIGHT

1,2 Rock L fwd, recover R back,
3,4 Step L to left side turn ¼ left, sweep R across L,[9.00]
5,6 Step R across L, step L back,
7&8 Turning ½ right step R fwd, step L next to R, step R fwd [3.00]

S8: □ROCK L FWD. RECOVER R BACK. SHUFFLE BACK. ROCK BACK. RECOVER. & . OUT. □TOUCH R TO L

1,2 Rock L fwd, recover R back,
3&4 Step L back, step R next to L, step L back,
5,6 Rock R back, recover L fwd,
&7,8 Jump R out, step L to left side, touch R to L [3.00]

START AGAIN

TAG 1: Added after wall 1, facing 3.00 and wall 3, facing 6.00-

ROCK R FWD; RECOVER; TRIPLE BACK; ROCK BACK; RECOVER; TRIPLE FWD; FULL PIVOT TURN LEFT

TS1

1,2 Rock R fwd, recover L back,
3&4 Triple step back stepping R, L, R,
5,6 Rock L back, recover R fwd,
7&8 Triple step fwd stepping L, R, L

TS2

1,2,3,4 Step R fwd, step L fwd ½ turn left, step R fwd, step L fwd ½ turn left

TAG 2: Added during wall 2, after count 6, sec. 6, facing 3.00 –to restart

STEP L; TOUCH R

1,2 Step L to left side, touch R to L

TAG 3: □Added during wall 4, after sec. 5, facing 6.00 – to restart

CROSS; BACK; SIDE; CROSS

1,2,3,4 Step R across L, step L back, step R to right side, step L across R

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