

Trust Your Rebel Heart

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Bruce Tau (NZ), Christine Stewart (NZ) & Robyn Groot (AUS) - April 2017
音乐: Road Less Traveled - Lauren Alaina



Intro: After 8 counts (Start on lyrics)

S1:[1-8] □ Cross & Heel. Step. Cross & Heel. Step. Rock. Recover. Full Turn Triple Step.

1&2& Cross Right over Left, Step Left to Left side, Touch Right heel forward, Step Right beside Left.
3&4& Cross Left over Right, Step Right to Right side, Touch Left heel forward, Step Left beside Right.
5,6 Rock forward on Right, recover weight on Left.
7&8 Turn ½ right & Step Right forward, Turn ½ Left & Step Left beside Right, Step Right slightly forward (This turn is done on the spot.) □(12:00)

S2:[9-16] □ Rock. Recover. ½ Turn Left. ¼ Turn Left. Behind. Side. Cross Rock. Recover. Side. Together.

1,2 Rock forward on Left. Recover weight on Right.
3,4 Turn ½ Left and step forward on Left. Turn ¼ Left and step Right to Right side. □(3:00)
5,6 Step Left behind Right. Step Right to Right side.
7&8& Cross Left over Right, Recover weight Right. Step Left to Left side. Step Right to Right side

S3:[17-24] □ Applejacks L,R,L,R, Step. Scuff. Cross. Back.

1& Twist Left toe and Right Heel to the left, Twist Left toe and Right heel back to centre
2& Twist Right toe and Left Heel to the Right, Twist Right Toe and Left Heel back to centre
3& Twist Left toe and Right Heel to the left, Twist Left toe and Right heel back to centre
4& Twist Right toe and Left Heel to the Right, Twist Right Toe and Left Heel back to centre
5.6,7,8 Step forward Left. Scuff Right forward and across Left. Cross Right over Left. Step back Left.

S4:[25-32] □ Side. Cross. ¾ Turn Left. Back Drag R,L,R,L.

1,2 Step Right to Right side, Cross Left over Right.
3& Turn ¼ Left & Step back on Right. Turn ½ Left & Step forward on Left. □(6:00)
4& Step Right next to Left, Step slightly back on Left.
5,6 Step back on Right, dragging Left. Step back on Left, dragging Right.
7,8 Step back on Right, dragging Left. Step back on Left, dragging Right.

S5:[33-40] □ Syncopated Sailor Steps. 1/4 Turn Left. Rock Forward. Recover. Together. Rock Forward. Recover. ½ Turn Left.

1,2& Step Right to Right side, Step Left behind Right, Step Right beside Left.
3,4& Step Left to Left side. Step Right behind Left. Turn ¼ Left & Step Left forward. □(3:00)
5,6& Rock forward on Right. Recover weight on Left. Step Right beside Left.
7,8& Rock forward on Left, Recover weight on Right. Turn ½ Left & Step Left forward. □(9:00)

S6:[41-48] □ Walk Forward R, L. Right Coaster Step Forward. Touch. Unwind. Back. 1/4 Turn Left.

1,2 Walk forward Right, Left.
3&4 Step forward on Right. Step Left beside Right. Step slightly back on Right.
5,6 Touch back on Left. Unwind 1/2 turn Left. (Weight on Left) □(3.00)
7,8 Step back on Right. Turning 1/4 Left, step onto Left. ##### □(12.00)

S7:[49-56] □ Side. Behind & Cross. Side Rock. Cross. Left Coaster Step. Heel Grind. 1/4 Turn Back. Back.

1,2&3 Step Right to Right side. Step Left behind Right. Step Right to Right side. Cross Left over Right.
4&5 Rock Right to Right side. Replace weight on Left. Cross Right over Left.

6&7 Step back on Left. Step Right beside Left. Step forward on Left.
8&1 Right heel grind. Turning 1/4 turn Right, step back on Left. Step back on Right. □(3.00)

S8:[57-64]□Left Coaster Step. Step Pivot 1/4 Left. Pivot 1/2 Left, 1/2 Turn Left, 1/2 Turn Left. Sweep.

2&3 Step back on Left. Step Right beside Left. Step slightly forward on Left.

4& Step forward on Right. Pivot 1/4 turn Left. □(12.00)

5,6, Step forward on Right. Pivot 1/2 turn Left□(6:00)

7,8& Turn 1/2 Left & Step back on Right. Turn 1/2 Left & Step forward on Left. Sweep Right foot around and across Left.□(6:00)

Restart: During wall 2 after count 48 (facing 6:00)

Finish: On the 7th wall, after Count 16 (L to L side), finish with a Right Heel Grind, 1/4 Turn Right, Right Coaster Step.

Contact: robyn_ford2000@yahoo.com.au
