

Rhythm In My Soul

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 1 级数: Improver
编舞者: Roger (leftfoot) Hunter (USA) - January 2017
音乐: Got a Lotta Rhythm In My Soul - Niamh Lynn



(Starts on lyrics)

SIDE ROCK-R,SAILOR STEP,SAILOR STEP-L1/4, STEP TOUCH-R

1-2 step right to right recover on left,
3&4 step right behind left, step left to left side, step right next to left.
5&6 step left behind right, step right to right side, step left next to right(1/4) turn to left(facing 9:00)
7-8 Step right to right, touch left next to right.

SIDE ROCK-L SAILOR STEP,SAILOR STEP R 1/4, STEP TOUCH-L

1-2 step left to left, recover on right,
3&4 step left behind right step right to right side, step left next to right.
5&6 step right behind left, step left to left side, step right next to left(1/4)turn to right (facing 12:00)
7-8 step left to left, touch right next to left

PIVOT HITCH,STEP,COASTER HEAL,STEP LOCK STEP,STEP TOUCH.

1-2 pivot 1/4 on left & hitch right knee on 1,step right to right, (facing 9:00)
3&4 step left behind right, step right back slightly, step left heel in front of right (1/8)diagonal to left
(facing 7:30)
5&6 step left forward, step right behind left, step left forward.(1/8) turn to left (facing 6:00)
7-8 step right to right, touch left next to right.

ROCK RECOVER,TRIPLE 1/2,SHUFFLE BACK,STEP TOUCH

1-2 step left back recover on right,
3&4 step left forward, step right beside left, step left beside right (1/2) turn to right (facing 12:00)
5&6 step right back, step left back to right, step right back.
7-8 step left back, touch right next to left.

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