

My House (Mi Casa)

拍数: 48 墙数: 4 级数: Intermediate
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音乐: My House (feat. Jennifer Lopez) - Jennifer Nettles



Sec. 1) Rock step ½ turn right, Pivot ½ turn right, Step touch 2x, Chasse right

1 & 2 Step R forward, Recover on L, Make 1/2 turn right stepping R forward.
3 & 4 Step L forward, Turn ½ to the right, Step L forward.
5&6& Step R to right side, Touch L toe next R, Step L to left side, Touch R toe next L.
7 & 8 Step R to right side, Step L next to R, Step R to right side.

Sec. 2) Cross mambo L, Behind-1/4 turn left-Step R forward, Mambo Left,Coasterstep R

1 & 2 Cross L over R, Weight back on R, Step L to the side.
3 & 4 Cross R back L, Step L ¼ turn left, Step R forward.
5 & 6 Step L forward, Weight back on R, Step L back.
7 & 8 Step R back, Step L next R, Step R forward.

Sec. 3) Out-in-out L, Coasterstep L, Step, Pivot ½ Turn L, Step R forward, Triple turn right

1 & 2 Touch L toe left, Touch L toe next to R, Touch L toe left.
3 & 4 Step L back, Step R next to L, Step L forward.
5 & 6 Step R forward, ½ turn left, Step R forward.
7 & 8 Turn ½ right back on L, Turn ½ right R forward, Step L forward.

Sec. 4) Step touch 2x , Chasse to the right , Step touch 2x, chasse left

1&2& Step R to the side, Touch L toe next R, Step L to the side, Touch R toe next L.
3 & 4 Step R to the side, Step L next R, Step R to the side.
5&6& Step L to the side, Touch R toe next L, Step R to the side, Touch L toe next R.
7 & 8 Step L to the side, Step R next L, Step L to the side.

Sec. 5) Cross, Back, Lockstep R, Touch, Pivot ½ Turn L, Kickball Change

1 – 2 Cross R over L, Step L back.
3 & 4 Step R back, Lock L in front of R, Step R back.
5 – 6 Touch L toe back, Turn ½ left.
7 & 8 Kick R forward, Step R on ball of your feet next L, Step L next R.

Sec. 6) Heel & Heel , Sissy walks , Heel & heel , Sissy walks

1&2& Touch R heel forward, Step R next L, Touch L heel forward, Step L next R.
3 – 4 Cross R over L, Cross L over R.
5&6& Touch R heel forward, Step R next L, Touch L heel forward, Step L next R.
7 – 8 Cross R over L, Cross L over R.

Start again

Tag 1 : After wall 2 :

Step touch 2x , Chasse to the right , Step touch 2x, chasse left

1&2& Step R to the side, Touch L toe next R, Step L to the side , Touch R toe next L.
3 & 4 Step R to the side , Step L next R , Step R to the side.
5&6& Step L to the side , Touch R toe next L , Step R to the side , Touch L toe next R.
7 & 8 Step L to the side , Step R next L , Step L to the side.

Tag 2 : After wall 3 :

Step – touch – step - touch

1 – 2 Step R to the side , touch L next R

