

Fool Fool Fool

拍数: 192 墙数: 4 级数: Phrased Intermediate
编舞者: Tjwan Oei (NL) - May 2017
音乐: Fool Fool Fool – by Deanne Mitchell



Sequence : A – B – TAG – A – B – C – B - ENDING

A : 64 counts

A01: □ Step forward – Touch behind – Step back – Touch in front (2 x)

1-2-3-4 RF. step forward – LF. touch behind RF. – LF. step back – RF. touch in front of LF.
5-6-7-8 RF. step forward – LF. touch behind RF. – LF. step back – RF. touch in front of LF.

A02: Step diagonally forward – Lock behind – Step forward – Scuff forward (2 x)

1-2-3-4 RF. step diagonally to right forward – LF. lock behind RF. – RF. step diagonally forward – LF. scuff forward
5-6-7-8 LF. step diagonally left forward – RF. lock behind LF. – LF. step diagonally forward – RF. scuff forward

A03: Step back – Kick forward (4 x)

1-2-3-4 RF. step back – LF. kick forward – LF. step back – RF. kick forward
5-6-7-8 RF. step back – LF. kick forward – LF. step back – RF. kick forward

A04: Lock step back – Hitch (2 x)

1-2-3-4 RF. step back – LF. lock in front of RF. – RF. step back – LF. hitch forward
5-6-7-8 LF. step back – RF. lock in front of LF. – LF. step back – RF. hitch forward

A05: Veaux de villes (2 x)

1-2-3-4 RF. step to right side – LF. cross over RF. – RF. step to right side – LF. touch heel to left side
5-6-7-8 LF. step heel down – RF. cross over LF. – LF. step to left side – RF. touch heel to right side

A06: Rocking chair – Pivot ½ turn left – Pivot ¼ turn left

1-2-3-4 RF. step forward – Recover weight onto LF. – RF. step back – Recover weight onto LF.
5-6-7-8 RF. step forward – RF./LF. ½ turn left – RF. step forward – RF./LF. ¼ turn left

A07: Vine to right side – Touch – Vine to left side – Touch

1-2-3-4 RF. step to right side – LF. cross behind RF. – RF. step to right side – LF. touch beside RF.
5-6-7-8 LF. step to left side – RF. cross behind LF. – LF. step to left side – RF. touch beside LF.

A08: Jazz box – Cross over – Rock back – Recover – Walk forward (R – L)

1-2-3-4 RF. cross over LF. – LF. step back – RF. step to right side – LF. cross over RF.
5-6-7-8 RF. rock back – Recover weight onto LF. – RF. step forward – LF. step forward

B : 64 counts

B01: Step diagonally right forward – Lock behind – Step diagonally forward – Step together (3 x)

1-2-3-4 RF. step diagonally right forward – LF. lock behind RF. – RF. step diagonally forward – LF. step together beside RF.
5-6-7-8 RF. step diagonally forward – LF. step together beside RF. – RF. step diagonally forward – LF. step together beside RF.

B02: Walk forward (R – L – R – L) – Walk back (R – L – R – L)

1-2-3-4 RF. step forward – LF. step forward – RF. step forward – LF. step forward
5-6-7-8 RF. step back – LF. step back – RF. step back – LF. step back

B03: Step diagonally right forward – Lock behind – Step diagonally forward – Step together (3 x)

- 1-2-3-4 RF. step diagonally right forward – LF. lock behind RF. – RF. step diagonally forward – LF. step together beside RF.
- 5-6-7-8 RF. step diagonally forward – LF. step together beside RF.– RF. step diagonally forward – LF. step together beside RF.

B04: Vine to right side – Touch – Vine to left side – Touch

- 1-2-3-4 RF. step to right side – LF. cross behind RF. – RF. step to right side – LF. touch beside RF.
- 5-6-7-8 LF. step to left side – RF. cross behind LF. – LF. step to left side – RF. touch beside LF.

B05: Step diagonally forward – Lock behind – Step diagonally forward – Scuff forward (2 x)

- 1-2-3-4 RF. step diagonally right forward – LF. lock behind RF. – RF. step diagonally forward – LF. scuff forward
- 5-6-7-8 LF. step diagonally left forward – RF. lock behind LF. – LF. step diagonally forward – RF. scuff forward

B06: Jazz box – Jazz box with ¼ turn right

- 1-2-3-4 RF. cross over LF. – LF. step back – RF. step to right side – LF. step together beside RF.
- 5-6-7-8 RF. cross over LF. – LF. step back – RF. step ¼ turn to right side – LF. step together beside RF.

B07: Step diagonally right forward – Lock behind – Step diagonally forward – Step together (3 x)

- 1-2-3-4 RF. step diagonally right forward – LF. lock behind RF. – RF. step diagonally forward – LF. step together beside RF.
- 5-6-7-8 RF. step diagonally forward – LF. step together beside RF. – RF. step diagonally forward – LF. step together beside RF.

B08: Jazz box – Rock back – Recover – Walk forward (R – L)

- 1-2-3-4 RF. cross over LF. – LF. step back – RF. step to right side – LF. step together beside RF.
- 5-6-7-8 RF. rock back – Recover weight onto LF. – RF. step forward – LF. step forward

TAG : 32 counts

#01□Swivel to right side

- 1-2-3-4 RF./LF. turn heel to right side – RF./LF. turn toe to right side – RF./LF. turn heel to right side – RF./LF. turn toe to right side
- 5-6-7-8 RF./LF. turn heel to right side – RF./LF. turn toe to right side – RF./LF. turn heel to right side – RF./LF. turn toe to right side

#02□Swivel to left side

- 1-2-3-4 RF./LF. turn heel to left side – RF./LF. turn toe to left side – RF./LF. turn heel to left side – RF./LF. turn toe to left side
- 5-6-7-8 RF./LF. turn heel to left side – RF./LF. turn toe to left side – RF./LF. turn heel to left side – RF./LF. turn toe to left side

#03□Step fwd. – Touch behind – Step back – Kick fwd. – Step fwd . – Touch behind – Step back – Kick fwd.

- 1-2-3-4 RF. step forward – LF. touch behind RF. – LF. step back – RF. kick forward
- 5-6-7-8 RF. step forward – LF. touch behind RF. – LF. step back – RF. kick forward

#04□Jazz box – Rock back – Recover – Walk forward (R – L)

- 1-2-3-4 RF. cross over LF. – LF. step back – RF. step to right side – LF. step together beside RF.
- 5-6-7-8 RF. rock back – Recover weight onto LF. – RF. step forward – LF. step forward

C : 64 counts

C01: Swivel to right side

- 1-2-3-4 RF./LF. turn heel to right side – RF./LF. turn toe to right side – RF./LF. turn heel to right side – RF./LF. turn toe to right side
- 5-6-7-8 RF./LF. turn heel to right side – RF./LF. turn toe to right side – RF./LF. turn heel to right side – RF./LF. turn toe to right side

C02: Swivel to left side

- 1-2-3-4 RF./LF. turn heel to left side – RF./LF. turn toe to left side – RF./LF. turn heel to left side – RF./LF. turn toe to left side
5-6-7-8 RF./LF. turn heel to left side – RF./LF. turn toe to left side – RF./LF. turn heel to left side – RF./LF. turn toe to left side

C03: Step fwd. – Touch behind – Step back – Kick fwd. – Step fwd. – Touch behind – Step back – Kick fwd.

- 1-2-3-4 RF. step forward – LF. touch behind RF. – LF. step back – RF. kick forward
5-6-7-8 RF. step forward – LF. touch behind RF. – LF. step back – RF. kick forward

C04: Jazz box – Rock back – Recover – Walk forward (R – L)

- 1-2-3-4 RF. cross over LF, - LF. step back – RF. step to right side – LF. step together beside RF.
5-6-7-8 RF. rock back – Recover weight onto LF. – RF. step forward – LF. step forward

C05: Step diagonally forward – Lock – Step forward – Scuff forward (2 x)

- 1-2-3-4 RF. step diagonally right forward – LF. lock behind RF. – RF. step diagonally forward – LF. scuff forward
5-6-7-8 LF. step diagonally left forward – RF. lock behind LF. – LF. step diagonally forward – RF. scuff forward

C06: Rocking chair – Pivot ½ turn left – Pivot ¼ turn left

- 1-2-3-4 RF. rock forward – Recover weight onto LF. – RF. rock back – Recover weight onto LF.
5-6-7-8 RF. step forward – RF./LF. ½ turn left – RF. step forward – RF./LF. ¼ turn left

C07: Jazz box – Jazz box with ¼ turn right

- 1-2-3-4 RF. cross over LF. – LF. step back – RF. step to right side – LF. step together beside RF.
5-6-7-8 RF. cross over LF. – LF. step back – RF. step ¼ turn to right side – LF. step together beside RF.

C08: Slow Jazz box

- 1-2-3-4 RF. toe cross over LF. – RF. set toe down – LF. toe step back – LF. set toe down
5-6-7-8 RF. toe cross over LF. – RF. set toe down – LF. toe step back – LF. set toe down

ENDING : Dance B : Section 05 till the end – then repeat Section 08 till the end

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