

# Prune Sijeol (Youthful Days)

COPPERKNOB  
STEPSHEETS

拍数: 64      墙数: 1      级数: Beginner  
编舞者: Sunny Jeong (KOR) & Jin Kyoung Baek (KOR) - May 2017  
音乐: "Prune Sijeol" By Man soo Kim



## Intro: 40C+32C Intro Section

### Intro Section:- 32 Count (8x4)

- 1-4            Step Right Diagonal Forward Toe Touch Hip Bump(Turn your Left arm upwards with your hands up.  
5-8            Step Left Diagonal Forward Toe Touch Hip Bump(Turn your Right arm upwards with your hands up.

### Sec.1: Forward R,L,R, Kick L, Backward Run L,R,L, Together Touch

- 1            Run forward on Right.  
2            Run forward on Left.  
3            Run forward on Right.  
4            Kick forward on Left.  
(while right hand stretches upward)  
5            Run Backward on Left.  
6            Run Backward on Right.  
7            Run Backward on Left.  
8            Right Foot Together Toe Touch.

### (while Clap with two hands)

### Sec. 2: Right & Left Vine Step, Right & Left Scuff

- 1            Step Right to Right.  
2            Cross Left behind Right.  
3            Step Right to Right.  
4            Step Left Scuff  
5            Step Left to Left side.  
6            Cross Right behind Left.  
7            Step Left to Left side.  
8            Step Right Scuff

### Sec.3: Forward/Backward Diagonal Kick Step

- 1            Step Right Forward At the same time Step Left Diagonal Kick  
2            Step Left Forward At the same time Step Right Diagonal Kick  
3            Step Right Forward At the same time Step Left Diagonal Kick  
4            Step Left Forward At the same time Step Right Diagonal Kick  
5            Step Right Backward At the same time Step Left Diagonal Kick  
6            Step Left Backward At the same time Step Right Diagonal Kick  
7            Step Right Backward At the same time Step Left Diagonal Kick  
8            Step Left Backward At the same time Step Right Diagonal Kick

### Sec. 4: Side Stomp Hold, Right 1/2 Turn, Hip Bump~R,L,R,L

- 1-2            Step Right Side Stomp Hold  
3-4            Step Left Side Stomp Hold  
5-8            Hip Bump, Right-Left-Right-Left

### Sec. 5: Right & Left Forward Shuffle, Right 1/2 Turn

- 1&2            Step Right Forward, Step Left beside Right, Step Right Forward

3&4 Step Left Forward, Step Right beside Left , Step Left Forward  
5&6 Half Turn Right Step Right Forward, Step Left beside Right, Step Right Forward  
7&8 Step Left Forward, Step Right beside Left , Step Left Forward

**Sec.6: Side Shuffle, Back Rock Recover**

1&2 Right Step Right to Right, Step Left beside Right, Step Right to Right  
3-4 Step Left back Rock, Step Right Recover  
5&6 Step Left to Left , Step Right beside Left , Step Left to Left  
7-8 Step Right back Rock, Step Left Recover

**Sec.7: Forward & Backward & Side Toe Strut**

1 Step Right Forward Toe Touch  
2 Right Heel Down  
3 Step Left Backward Toe Touch  
4 Left Heel Down  
5 Step Right Side Toe Touch  
6 Right Heel Down  
7 Step Left Side Toe Touch  
8 Left Heel Down

**Sec.8: Swivel heels R, swivel toes R×2, Swivel toes L, swivel heels L×2**

1-4 Swivel heels R, swivel toes R, swivel heels R, swivel toes R  
5-8 Swivel toes L, swivel heels L, swivel toes L, swivel heels L

**Special Dance of 5 Wall**  
**Upper Body Full Turn Circle**

**Enjoy The Dance**

**Contact: [hani3756@gmail.com](mailto:hani3756@gmail.com)**

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