

Beating My Lonely Drum

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
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音乐: Lonely Drum - Aaron Goodvin



Intro: 40 counts – start on lyrics

Section 1: □ Stomp Right forward fan toes out in out, stomp Left forward fan toes out in out

1,2,3,4 Stomp R foot diagonally forward, Fan toes out, in, out
5,6,7,8 Stomp L foot diagonally forward, Fan toes out, in, out

Section 2: □ K step - forward touch, back touch, back touch, forward touch with claps

1,2 Step R foot diagonally forward, touch L behind R,
3,4 Step L diagonally back, touch R in front of L
5,6 Step R diagonally back, touch L in front of R
7,8 Step L diagonally forward, touch R behind L

Section 3: □ Right chasse rock recover, left chasse with quarter turn to right rock recover

1&2 Step R to R side, close L beside R, step R to R side
3,4 Rock back onto L recover onto R
5&6 Step L to L side, close R beside L step L to L side making ¼ turn to R (face 3 o clock)
7,8 Rock back onto R recover onto L

Section 4: □ Right shuffle with ½ turn left, rock recover, grapevine Left with touch (or optional ball change)

1&2 Step forward onto R, close L next to R, step back onto R making ½ turn L (9 o clock)
3,4 Rock back onto L, recover onto R
5,6,7,8 Step L to L side, step R behind L, step L to L side touch R next to L (grapevine L)
(Optional ball change, step onto R ball of foot, change weight onto L foot to finish)

START OVER

TAG: □ Tag: Easy Tag at the end of the 3rd wall, Forward touch, back hook – repeat twice

1,2 Step diagonally forward onto R, touch L behind R,
3,4 Step back onto L, hook R foot across L Shin.
5,6 Step diagonally forward onto R, touch L behind R
7,8 Step Back onto L, hook R foot across L shin

Choreographer Hilary Usher (email: hilusher@hilusher.karoo.co.uk)