

EZ Ex's & Oh's

拍数: 32 墙数: 4 级数: Beginner
编舞者: Valerie Whitten (CAN) - August 2016
音乐: Ex's & Oh's - Elle King : (Album: Elle King Love Stuff)



Intro: 16 counts :

RIGHT SIDE ROCK, RIGHT BEHIND LEFT, WEIGHT ON LEFT, JAZZ BOX ¼ TURN

- 1-2 Step right foot to the right and replace weight on left foot (Side Rock)
- 3-4 Step right foot behind left, step left on left foot
- 5-6 Cross right foot over left foot, step back on left,
- 7-8 make a ¼ turn right stepping forward on right foot, and step left foot beside right foot with weight on left foot.

RIGHT OUT, LEFT OUT, RIGHT BACK TO CENTRE, LEFT BACK TO CENTRE (V STEP), TOE STRUTS BACK

- 1-2 Step right foot forward and slightly right, step left foot forward and slightly left
 - 3-4 Step right foot back to original position, step left foot back beside right foot
- (Sometimes referred to as a V step)
- 5-6 Step back on right toe and drop heel (toe strut)
 - 7&8 Step back on left toe and drop heel (toe strut)

(Restart happens here,) After 16 counts on Wall 5

ROCKING CHAIR and RIGHT AND LEFT TOE STRUTS FORWARD

- 1-2 Step right foot forward and replace weight on left foot
- 3-4 Step right foot back and return weight to left foot
- 5-6 Step on right toe and drop heel
- 7-8 Step on left foot and drop heel.

VINE RIGHT WITH A TOUCH and VINE LEFT WITH A TOUCH

- 1-2-3-4 Step right foot behind left, step left with left foot, step right foot beside left foot and touch left toe
- 5-6-7-8 Step left foot behind right foot, step right with right foot, step left foot beside right foot and touch right toe

Begin again.

Restart after 16 counts on wall 5

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Last Update - 25th May 2017