

I'm Free

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Raymond Sarlemijn (NL), Roy Verdonk (NL) & Jill Babinec (USA) - May 2017
音乐: Love My Life (Adam Turner & James Hurr Remix) - Robbie Williams



#32 count intro:

[1-8] □ WALK R – L – R – KICK L , WALK BACK L – R , LEFT COASTER

1-4 Walk forward R, L, R, kick L forward
5-6 Walk back L, R
7&8 Step L back, Step R next L, Step L forward

[9-16] STEP R , TOUCH L , STEP L, TOUCH R, VINE R TOUCH L

1-4 Step R to rt side , Touch L next to R, Step L to left side, Touch R next to L
5-6 Step R to rt side , Step L behind R
7-8 Step R to rt side, Touch L next to R

[17-24] □ STEP L, TOUCH R, STEP R, TOUCH L, VINE ¼ TURN L WITH SCUFF

1-4 Step L to left side, Touch R next to L, Step R to rt side, Touch L next to R
5-6 Step L to left side , Step R behind L
7-8 Start ¼ left turn as step L slightly fwd , Finish ¼ left turn as scuff R foot fwd

[25-32] □ JAZZ BOX, OUT – OUT, HOLD, IN – IN, KNEE/HEEL POP

1-2 Step R across L, Step back on L,
3-4 Step R to rt side, Step L next to R
&5 -6 Step R to rt side, Step L to left side, (feet apart) ,Hold on count 6
&7&8 Step R to center, Step L together, Bend both knees lifting heels up, straighten both legs
 lowering heels down ending with weight on L

Start Again
