

First Love (P)

拍数: 32 墙数: 0
编舞者: Antonella Fedi (IT) - May 2017
音乐: First Love - Alan Jackson

级数: Beginner - Changing Partner



Starting Position: Woman and man facing each other/holding hands
Start on lyrics

WOMAN:

W1: SIDE TRIPLE, ROCK STEP CROSS, SIDE TRIPLE, ROCK STEP BACK

1&2 Step right foot to the right, step left foot next to right foot, step right foot to the right
3-4 Rock left foot behind right foot, recover onto right foot
5&6 Step left foot to the left, step right foot next to the left, step left foot to the left
7-8 Turn 1/4 right and rock right foot back, recover onto left foot

W2: KICKBALL CHANGE, KICKBALL CHANGE, STOMP, SWIVEL TOE- HEEL, STOMP

1&2-3&4 Right kickball change twice
4-5-6 -8 Right stomp forward, swivel right toe to the right, swivel right heel to the right, stomp left together

W3: STEP, STOMP, STEP, STOMP, STEP, STOMP, STEP, STOMP

1-2 Right step diagonally forward, left stomp together
3-4 Left step diagonally forward, right stomp together
4-5 Right step diagonally forward, left stomp together
6-7 Left step diagonally forward, right stomp together

W4: STEP BACK (2), ROCK STEP, STEP, TURN, STEP, TURN

1-2-3-4 Right step back, left step back, right rock back
5-6-7-8 Right step forward, turn 1/2 left, right step forward, turn 3/4 left

REPEAT

MAN:

M1: SIDE TRIPLE, ROCK STEP CROSS, SIDE TRIPLE, ROCK STEP BACK

1&2 Step left foot to the left, step right foot next to left foot, step left foot to the left
3-4 Rock right foot behind left foot, recover onto left foot
5&6 Step right foot to the right, step left foot next to the right, step right foot to the right
7-8 Turn 1/4 left and rock left foot back, recover onto right foot

M2: KICKBALL CHANGE, KICKBALL CHANGE, STOMP, SWIVEL TOE- HEEL, STOMP

1&2-3&4 Left kickball change (twice)
4-5-6 -8 Right stomp forward, swivel right toe to the right, swivel right heel to the right, stomp left together

M3: STEP, STOMP, STEP, STOMP, STEP, STOMP, STEP, STOMP

1-2 Right step diagonally forward, left stomp together
3-4 Left step diagonally forward, right stomp together
4-5 Right step diagonally forward, left stomp together
6-7 Left step diagonally forward, right stomp together

M4: STEP BACK, ROCK STEP, STEP, TURN, STEP, STOMP

1-2-3-4 Right step back, left step back, right rock back
5-6-7-8 Right step forward, turn 3/4 left, right side step, stomp left together

REPEAT

HAVE FUN :)

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