

Mambo Breeze

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Larry Bass (USA) - May 2017
音乐: Hello Mary Lou - Ricky Nelson



WALK, WALK, MAMBO FORWARD; BACK, BACK MAMBO BACK

1-2 Walk forward R, L
3&4 Rock R forward, Recover back to L, Step R beside L
5-6 Walk back L, R
7&8 Rock L back, Recover forward to R, Step L beside R

SIDE, ROCK, CROSS; SIDE, ROCK CROSS; SIDE, TOGETHER, FORWARD; SIDE, TOGETHER, BACK

1&2 Rock R to right, Recover left to L, Step R across L
3&4 Rock L to left, Recover right to R, Step L across R
5&6 Step R to right, Step L beside R, Step R forward
7&8 Step L to left, Step R beside L, Step L back

WALK BACK, BACK, MAMBO BACK; FORWARD WALK , WALK, STEP, ¼ PIVOT, CROSS

1-2 Step R back, Step L back
3&4 Rock R back, Recover forward to L, Step R beside L
5-6 Step L forward; Step R forward
7&8 Step L forward, Pivot ¼ turn right to R, Step L across R □ (3:00)

STEP SIDE, CROSS MAMBO; CROSS MAMBO, JAZZ SQUARE

1 Step R to right
2&3 Rock L across R, Recover back to R, Step L to left
4&5 Rock R across L, Recover back to L, Step R to right
6-8 Step L across R; Step R back, Step L to left

Begin Again

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