

Stuck Like Glue

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Ronnie Russell (USA) - May 2017
音乐: Stuck Like Glue - Sugarland



Touch, Touch, Behind and Cross, Touch, Touch, Behind and Cross

- 1 – 2 Weight is on Left foot. Touch Right to Right side twice. Weight ending on Left.
3 & 4 Place Right foot behind Left, weight on Right. Step Left foot to Left side, placing weight on Left foot. Cross Right foot over left, weight on Right.
5 – 6 Weight is on Right foot. Touch Left to Left side twice. Weight ending on Right foot.
7 & 8 Place Left foot behind Right, weight on Left. Step Right foot to Right side, placing weight on Right foot. Cross Left foot over Right, weight on Left.

Rock Step, Triple ½ Turn, Triple ½ Turn, Rock Step

- 1 – 2 Rock forward on Right, recover on Left. Weight on Left foot.
3 & 4 Making a ½ turn to Right, triple Right, Left, Right. Weight on Right foot, end facing the back wall.
5 & 6 Making a ½ turn to Right, triple Left, Right, Left. Weight on Left foot, end facing front wall.
7 – 8 Rock back on Right foot, recover on Left. Weight on Left foot.

Rock, Rock, Shuffle, Rock, Rock, Shuffle

- 1 & 2 &□Rock forward on Right, Recover on Left. Rock back on Right, Recover on Left.
3 & 4 Shuffle forward on Right, Left, Right. Weight on Right foot.
5 & 6 & Rock forward on Left, Recover on Right, Rock back on Left, Recover on Right.
7 & 8 Shuffle forward on Left, Right, Left. Weight ending on Left.

Step ½ Turn, Side Shuffle, Rock Step, Triple ¼ Turn

- 1 – 2 Step forward with your Right foot, make a ½ turn to Left, weight ending on Left foot.
3 & 4 Shuffle to Right side on Right, Left, Right
5 – 6 Weight is on Right foot, Rock back on Left foot, recover on Right. Weight is on Right foot.
7 & 8 Making a ¼ to Left, Triple on Left, Right, Left. Weight ending on Left foot.

End of Dance!

Have fun and Enjoy!