

Quarter after One

拍数: 24 墙数: 1 级数: Beginner
编舞者: Ronnie Russell (USA) - May 2017
音乐: Need You Now - Lady A



Walk, Walk, Shuffle Forward on L, R, L, Rock Step, Triple ½ Turn

- 1 – 2 Walk forward on L, R.
- 3 & 4 Shuffle forward on L, R, L.
- 5 – 6 Rock forward on R, recover on L. Weight on L foot.
- 7 & 8 Making a ½ turn to R, triple on R, L, R. Weight on R foot.

Step touch, Step touch, Shuffle forward on L, R, L, Rock Step

- 1 – 2 Step forward at an angle to L, touch R beside L. Weight on L.
- 3 – 4 Step forward at an angle to R, touch L beside R. Weight on R.
- 5 & 6 Shuffle forward on L, R, L. Weight on L.
- 7 – 8 Rock forward on R, recover on L. Weight on L foot.

Triple ½ Turn, Step touch, step touch, Step touch

- 1 & 2 Making a ½ turn to R, triple on R, L, R. Weight on R foot.
- 3 – 4 Step forward at an angle to L, touch R beside L. Weight on L.
- 5 – 6 Step forward at an angle to R, touch L beside R. Weight on R.
- 7 – 8 Step forward on L, touch R beside L. Weight on L.

End of Dance!

NOTE: Start dance over with the weight on R foot. Every time you come back to the front wall and start the dance again, you will start with weight on opposite foot.
