My Redemption Song



编舞者: Tim Johnson (UK) - May 2017

音乐: My Redemption Song (feat. Sam Gray) - Manovski: (iTunes)



Intro: □16 counts,

1	1-8	l⊟Walk	forward	R.L.R.	L Samba	riaht.	Samba left□
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1-4 Walk forward right, left, right, left

Cross right over left, rock left out to left side recover on right
Cross left over right, rock right out to right side recover on left

[9-16] ☐ Rock recover right ¼ turn right side shuffle, weave, slide right. ☐

1-2 Rock forward on right, recover weight left Step back on right a 1/4turn to the right

5&6 Cross left over right, step right to right side, step left behind right

7-8 Step right out to right side, slide left foot up to meet right (transferring weight to left foot)

[17-24]□Rock recover right, back shuffle right, ¼ turn left shuffle, rock right behind left □

1-2 Rock forward on right, recover weight left

3&4 Step back right, step left foot in front of right, step right foot back

5&6 Step left foot out to left side making a ¼ turn to the left, step right next to left, step left to left

side

7-8 Step right foot behind left, recover weight on to left

[25-32]□Kick ball touch, weave right, rock step, ½ turn walking round□

1&2 Kick right foot, step down on right & point left out to left side 3&4 Step left behind right, step right to right side, step left over right

5-6 Rock right out to right side recover on left (pointing toes to the to begin walking round to the

left)

7-8 Cross right over left making a 1/4 turn to the left, step forward on the left making a further 1/4

turn to the left

Tags: 2 Tags. 1st on third wall after first 8 counts 2nd on ninth wall after first 8 counts □

[1-8]□Step back right diagonal drag left, step back left diagonal drag right, step back right diagonal drag left, step back left diagonal drag right □

1-4 Step back right diagonal drag left foot in to meet right, Step back left diagonal drag right foot

in to meet left.

5-8 Step back right diagonal drag left foot in to meet right, Step back left diagonal drag right foot

in to meet left.

[9-16]□Cross right over left, walk round in a full circle, step out, out, and together hold.□

1-4 Cross right over left starting to travel round over the left should, walk round over 3 counts left,

riaht. left.

5-8 Step right foot out to right side, step left foot out to left side, bring feet together and hold.

Good luck & enjoy!

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