

Cut Me Open

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Ronnie Russell (USA) & Carrie Russell (USA) - May 2017
音乐: Bleeding Love - Leona Lewis



Rock, Cross Shuffle, Step, Rock, Shuffle Forward

1 – 2 Rock to R side on R foot, Recover on L
3 & 4 Cross R over L, shuffle R, L, R
5 – 6 Step L foot to L side, Rock Back on R
7 & 8 Shuffle forward on L, R, L. Weight on L.

Step ½ Turn, Step Lock Step, Rock, Cross Shuffle

1 – 2 Step forward on R, make a ½ turn to L. Weight on L.
3 & 4 Step R forward, Lock L behind R, Step R forward.
5 – 6 Rock L to L side, Recover on R. Weight on R.
7 & 8 Cross L over R, shuffling L, R, L. Weight on L.

Step, Rock, Shuffle Forward, Step ½ Turn, Step, Lock, Step

1 – 2 Step R to R side, Rock back on L
3 & 4 Shuffle forward on R, L, R. Weight on R.
5 – 6 Place L forward making a ½ to R, weight on R.
7 & 8 Step L forward, Lock R behind, Step L forward

Rock Step, Triple ¼ Turn, Rock Step, Coaster Step

1 – 2 Rock forward on R, recover on L
3 & 4 Triple R, L, R, making a ¼ turn to R. Weight on R.
5 – 6 Rock forward on L, recover on R.
7 & 8 Step back on L, place R beside L, step L foot slightly forward. Weight on L.

End of Dance!
