# Coastal



编舞者: Ronnie Russell (USA) - May 2017

音乐: Coastal - Kenny Chesney



### Rock step, Cross L, R, L, Rock, 1/4 Turn, Shuffle R, L, R

1 – 2	Weight is on R. Place L foot to L side. Recover on R. Weight is on R.

- 3 & 4 Cross L over R, shuffle L, R, L. Weight on L.
- 5 6 Place R foot to R side, Make a ¼ Turn to L, Weight is on L.
- 7 8 Shuffle forward on R, L, R. Weight is on R.

# Rock Step, Cross L, R, L, 3/4 Turn, Hold

1 – 2	Place L to L side, Recover on R. Weight is on R.	
3 – 4	Cross L over R, Shuffle L, R, L. Weight is on L.	
5 – 6	Begin a ¾ turn to L shoulder, on R, L. Weight is on L.	
7 – 8	Finish the turn by stepping forward on R. Hold.	

## Walk L, R, Shuffle L, R, L, Rock, Recover, Triple ½ Turn

1 – 2	Walk forward on I	R. Weight is on R.
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- 3 & 4 Shuffle forward on L, R, L.
- 5 6 Weight is on L. Rock forward on R, recover on L. Weight is on L.
- 7 & 8 Make a ½ towards R shoulder on, R, L, R. Weight is on R.

#### End of Dance!

#### Have fun and Begin Again!