

Coastal

拍数: 24 墙数: 2 级数: High Beginner
编舞者: Ronnie Russell (USA) - May 2017
音乐: Coastal - Kenny Chesney



Rock step, Cross L, R, L, Rock, ¼ Turn, Shuffle R, L, R

- 1 – 2 Weight is on R. Place L foot to L side, Recover on R, Weight is on R.
- 3 & 4 Cross L over R, shuffle L, R, L. Weight on L.
- 5 – 6 Place R foot to R side, Make a ¼ Turn to L, Weight is on L.
- 7 – 8 Shuffle forward on R, L, R. Weight is on R.

Rock Step, Cross L, R, L, ¾ Turn, Hold

- 1 – 2 Place L to L side, Recover on R. Weight is on R.
- 3 – 4 Cross L over R, Shuffle L, R, L. Weight is on L.
- 5 – 6 Begin a ¾ turn to L shoulder, on R, L. Weight is on L.
- 7 – 8 Finish the turn by stepping forward on R. Hold.

Walk L, R, Shuffle L, R, L, Rock, Recover, Triple ½ Turn

- 1 – 2 Walk forward on L, R. Weight is on R.
- 3 & 4 Shuffle forward on L, R, L.
- 5 – 6 Weight is on L. Rock forward on R, recover on L. Weight is on L.
- 7 & 8 Make a ½ towards R shoulder on, R, L, R. Weight is on R.

End of Dance!

Have fun and Begin Again!
