Tick Tick Boom



拍数: 80 增数: 0 级数: Phrased High Intermediate

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音乐: Stay - Zedd & Alessia Cara



Count In: After 32 counts (on lyrics)

SEQUENCE: AA BCC Tag AA BCC ABC

PART A: 32 counts

A1: SIDE BACK ROCK, SIDE BACK ROCK, VOLTA FULL TURN R

Step R to R side, Rock L behind R, Recover weight forward onto R
 Step L to L side, Rock R behind L, Recover weight forward onto L

5&6&7&8 Make a full turn over R shoulder stepping R L R L R L R

A2: SIDE BACK ROCK, SIDE BACK ROCK, VOLTA FULL TURN L (Repeat above 8 counts on L foot)

Step L to L side, Rock R behind L, Recover weight forward onto L
 Step R to R side, Rock L behind R, Recover weight forward onto R

5&6&7&8 Make a full turn over L shoulder stepping L R L R L R L

A3: ROCK RECOVER & ROCK RECOVER, WALK BACK BACK, BEHIND SIDE CROSS

1 2& Rock forward onto R, Recover weight back onto L, Step R beside L

3 4& Rock forward onto L, Recover weight back onto R

5 6 Step back L, Step back R (push heels out as you walk for styling)

7&8 Cross L behind R, Step R to R side, Cross L over R

A4: SIDE ROCK RECOVER, BEHIND SIDE CROSS, SIDE ROCK RECOVER, SAILOR ½ TURN

1 2 Rock R out to R side, Recover weight onto L
3 & 4 Cross R behind L, Step L to L side, Cross R over L

Fock L out to L side, Recover weight onto R

7&8 Make ¼ turn L stepping back on L, Make ¼ turn L stepping R slightly to R side, Step L to L

PART B: 32 counts

B1: STOMP CLAP & STEP HEEL HEEL, STOMP CLAP & STEP HEEL HEEL

1 2 & 3 Stomp R to R side, Clap hands, Step L beside R, Step R to R side

&4 Swivel L heel to the R (taking weight on L), Swivel R heel to the R (taking weight on R)

5 6 &7 Stomp L to L side, Clap hands, Step R beside L, Step L to L side

&8 Swivel R heel to the L (taking weight on R), Swivel L heel to the L (taking weight on L)

B2: ROCK RECOVER & STEP & LOCK, BOUNCE 1/2 TURN

1 2& Rock forward onto R, Recover weight back onto L, Step R beside L

3&4 Step L forward, Step R forward, Lock L foot behind R

Making ½ turn over L shoulder, bounce heels 4 times (ending with weight on L)

B3: STOMP CLAP & STEP HEEL HEEL, STOMP CLAP & STEP HEEL HEEL

1 2 &3 Stomp R to R side, Clap hands, Step L beside R, Step R to R side

&4 Swivel L heel to the R (taking weight on L), Swivel R heel to the R (taking weight on R)

5 6 &7 Stomp L to L side, Clap hands, Step R beside L, Step L to L side

&8 Swivel R heel to the L (taking weight on R), Swivel L heel to the L (taking weight on L)

B4: ROCK RECOVER & STEP OUT OUT, ARMS 'TICK TICK TICK' CLOSE

1 2& Rock forward onto R, Recover weight back onto L, Step R beside L

3&4 Step L forward, Step R to R side, Step L to L side

5&6&7 Bring arms up across front of chest one on top of the other, elbows bent, R arm resting on L

forearm (5), gradually raise R hand up like a ticking clock (keep R elbow in place)

8 Close R arm back down onto L arm (weight on L)

PART C: 16 counts

C1: SLIDE TOUCH, SIDE SHUFFLE, CROSS 1/4 TURN & POINT & POINT &

Step R big step to R diagonal, Touch L beside R
Step L to L side, Step R beside L, Step L to L side
Cross R over L, Make ¼ turn R stepping back on L

&7&8& Step R beside L, Point L out to L side, Step L beside R, Point R out to R side, Step R beside

L

C2: HITCH & HITCH OUT OUT, HEEL SWIVET, JAZZ BOX 1/4 TURN

1&2&3 Hitch L knee up, Step L beside R, Hitch R knee up, Step R out to R side, Step L out to L side

&4 Swivel R toe to R side & L heel to L side, bring both back to place (weight L)

5 6 Cross R over L, Make 1/4 turn R stepping L back

7 8 Step R to R side, Cross L over R

Note: You will always do Part C twice in a row

TAG

Step R out to R side and raise R arm up over 4 counts (transfer weight onto L on count 4,

ready for part A)

SEQUENCE: AA BCC Tag AA BCC ABC