

Showtime

COPPERKNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Annette Haslund (DK) - May 2017
音乐: Showtime - Jon Langston : (EP: Showtime - iTunes)



Intro (16 count)

R BACK ROCK, R SHUFFLE, L STEP ¼ R, L CROSS SHUFFLE

1 - 2 Rock R back, recover on L,
3&4 Step R toward, step L together, step R forward
5 - 6 Step L forward, make ¼ turn R (weight on R) (3 o'clock)
7&8 Cross L over R, step R to R side, Cross L over R

R SIDE ROCK, BEHIND SIDE CROSS, L SIDE ROCK, BEHIND SIDE STEP

1 - 2 Rock R to R, recover on L (let your hip sway)
3&4 Step R behind L, step L to L side, cross R over L
5 - 6 Rock L to L, recover on R (let your hip sway)
7&8 Step L behind R, step R to R side, step L forward *

* Restart Wall 3

R STEP ½ TURN L, WALKX2 (R L), R ROCK, R COASTER

1 - 2 Step R forward, make a ½ turn L (weight on L) (9 o'clock)
3 - 4 Step R forward, step L forward *
5 - 6 Rock R forward, recover on L
7&8 Step R back, step L together, step R forward

* Option 3 – 4: Full turn L

L ROCK, L COASTER, R STEP ½ TURN L, R ROCK STEP

1 - 2 Rock L forward, recover on R
3&4 Step L back, step R together, step L forward *
5 - 6 Step R forward, make a ½ turn L (weight on L) (3 o'clock)
7 - 8 Rock R forward, recover on L

* Option 3&4: Triple Full turn L

DANCE AND HAVE FUN

RESTART: * On Wall 3: Restart the dance after count 16 (9 o'clock)

ENDING: * On Wall 9: After count 14 (3 o'clock):

SAILOR ¼ TURN

7&8 Step L behind R, step R to R side, make a ¼ turn L stepping forward on L

Contact: ahfpost-dance@yahoo.dk