

I'm In Trouble

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Ron Bloye (UK) - May 2017
音乐: Trouble - Sam Outlaw : (Album: Tenderheart. - iTunes)



Sec: 1: □ Cross Rock R over L, Side Shuffle RLR, Cross Rock L over R, Side Shuffle LRL

1 - 2 Cross Rock Right over Left, recover weight onto Left
3 & 4 Side Shuffle Right: Right Left Right.
5 - 6 Cross Rock Left over Right, recover weight onto Right
7 & 8 Side Shuffle Left: Left Right Left.

Sec: 2: □ Rock Fwd R, Rec on L, Shuffle Bk RLR, Rock Bk L, Rec on R, Shuffle Fwd LRL

1 - 2 Rock Right Forward, Recover on Left
3 & 4 Shuffle Back: Right Left Right
5 - 6 Rock Back Left, Recover on Right
7 & 8 Shuffle Forward: Left Right Left

Sec: 3: □ Step Fwd R Point L to Side, Step Fwd Left Point R to Side (Repeat Again)

1 - 2 Step Forward Right, Point Left to Left Side.
3 - 4 Step Forward Left, Point Right to Right Side.
5 - 6 Step Forward Right, Point Left to Left Side
7 - 8 Step Forward Left, Point Right to Right Side

Sec: 4: □ Step ½ Turn L, Step ¼ L, Jazzbox

1 - 2 Step Forward on Right, Pivot ½ turn left Recover weight onto Left.
3 - 4 Step Forward on Right, Pivot ¼ turn left Recover weight onto Left.
5 - 6 Cross Right Over Left, Step Back Left.
7 - 8 Step Right to Right Side, Step Left next to Right.

Teach your Absolute / Easy Beginners :-

Cross Rocks, Side Shuffles R and L

Rock Recovers Shuffles Fwd & Bk

Step ½ & ¼ Turns + Jazz box

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