

So Young

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Improver
编舞者: Val O'Connor (UK) - April 2017
音乐: You Make Me Feel So Young - Frank Sinatra : (2:57)



Intro: 16 Counts

This dance is dedicated to Muriel who turns 80 years young this month and this is her favourite song.

Happy Birthday Muriel

S1: R LOCK STEP BRUSH, L LOCK STEP BRUSH ON DIAGONALS

1-2-3-4 Step forward on R towards R diagonal, lock L behind R, step forward on R, brush L forward
5-6-7-8 Step forward on L towards L diagonal, lock R behind L, step forward, brush R forward (12)

S2: R ROCKING CHAIR, STEP ¼ L, CROSS R, HOLD

1-2-3-4 Rock forward on R, recover back on L, rock back on R, recover forward on L
5-6-7-8 Step forward on R, ¼ L step L to L side, cross R over L, Hold (9)

S3: 1/2 R TURN, CROSS, HOLD, R SIDE ROCK CROSS, HOLD

1-2-3-4 ¼ R step back on L, ¼ R step R to R side, cross L over R, Hold
5-6-7-8 Rock R to R side, recover onto L, cross R over L, Hold (3)

S4: WEAVE L WITH CROSS R, L SIDE ROCK ¼ R, STEP FORWARD L, HOLD

1-2-3-4 Step L to L side, cross R behind L, step L to L side, cross R over L
5-6-7-8 Rock L to L side, ¼ R recover on R, step forward on L, hold (6)

S5: R CROSS ROCK, SIDE ROCK, BEHIND ¼ L, STEP FORWARD R, HOLD

1-2-3-4 Rock R across L, recover back on L, rock R to R side, recover onto L,
5-6-7-8 Cross R behind L, ¼ L step forward on L, step forward on R, Hold (3)

S6: L FORWARD ROCK, BACK L SWEEP R, BACK R SWEEP L, BACK L SWEEP R

1-2-3-4 Rock forward on L, recover back on R, step back on L, sweep R from front to back
5-6-7-8 Step back on R, sweep L, step back on L, sweep R

S7: R ROCK BACK SIDE R KICK L DIAGONAL, L ROCK BACK SIDE L KICK R DIAGONAL

1-2-3-4 Cross rock R behind L, recover forward on L, step R to R side, kick L to L diagonal
5-6-7-8 Cross rock L behind R, recover forward on R, step L to L side, kick R to R diagonal

S8: R BEHIND SIDE L CROSS R HOLD, L SIDE ROCK ¼ R STEP L, BRUSH R

1-2-3-4 Cross R behind L, step L to L side, cross R over L, Hold
5-6-7-8 Rock L to L side, ¼ R recover on R, step forward on L, brush R forward (6)

End Of Dance

EMAIL: valerieoconnor1@msn.com