

I Can Cook

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
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音乐: I Can Cook - Patti LaBelle



Intro: 16 counts

Vine, Touch Out, Touch In, Step, Slide

1,2 Step R to R, step L behind R
3,4 Step R to R, touch L beside R
5,6 Touch L out to L, touch L beside R
7,8 Long step L to L, slide R beside L (do not take weight on R)

Heel, Heel, Jazz Box ¼ Turn

1,2 Tap R heel forward, step R beside L
3,4 Tap L heel forward, step L beside R
5,6 Cross R over L, step back on L
7,8 Step R ¼ turn R (3:00), cross L over R

*****Restart Here on Wall 11(wall starts at 6:00, restart at 9:00)**

Step, Slide, Rock, Recover, Toe Struts

1,2 Long step R to R, slide L toward R (do not take weight)
3,4 Rock L behind R, recover to R (angle to corner 1:30)
5,6 Step forward on L toe, drop heel taking weight
7,8 Step forward on R toe, drop heel taking weight

Scissor Step, Touch Out, Touch In, Hip Bump

1,2 Step L to L (squaring up to 3:00), step R beside L
3,4 Cross L over R, hold
5,6 Touch R out to R, touch R beside L
7,8 Hip bump R, L

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