

# Sunrise Cha

COPPERKNOB  
STEPSHEETS

拍数: 48      墙数: 2      级数: Easy Intermediate  
编舞者: Judy Rodgers (USA) - May 2017  
音乐: Sunrise - Simply Red



## Intro: 24 counts - (No Tags Or Restarts)

### S1: Walk, walk, walk, mambo turn 1/2 L, turn 1/4 L side rock, cross shuffle

1-3            Walk R L R fwd  
4&5           Rock L fwd, recover R, turn 1/2 left step L fwd □ □ 6:00  
6-7           Turn 1/4 left rock R to right side, recover L □ □ 3:00  
8&1           Cross R over L, step L to left side, cross R over L

### S2: Sway, sway, behind, side, cross, turn 1/4 L, turn 1/2 L, shuffle fwd

2-3           Step L to left side sway L, R  
4&5           Step L back behind R, step R to right side, cross L over R  
6-7           Turn 1/4 left stepping R back, turn 1/2 left step L fwd □ - □ 6:00  
8&1           Shuffle fwd R L R

### S3: Step, tap, coaster cross, turn 1/4 R, turn 1/4 R, shuffle fwd

2-3           Step L fwd, tap R beside L  
4&5           Step R back, step L beside R, cross R over L  
6-7           Turn 1/4 right step L back, turn 1/4 right step R fwd □ - 12:00  
8&1           Shuffle fwd L R L

### S4: Point, point, sailor turn 1/4 R, walk, walk, shuffle fwd

2-3           Point R fwd, point R to right side  
4&5           Turn 1/4 right step R behind L, step L to left side, step R to right side - □ 3:00  
6-7           Walk L, R  
8&1           Shuffle fwd L, R, L

### S5: Rock, recover, back lock step R, turn 1/4 L sway, sway, turn 1/4 left shuffle fwd

2-3           Rock R fwd, recover L  
4&5           Step R back, lock/step L over R, step R back  
6-7           Turn 1/4 left sway left, sway R - □ □ 12:00  
8&1           Turn 1/4 left shuffle fwd L R L - □ □ 9:00

### S6: Rock, recover, turn 3/4 R shuffle, step, kick, coaster step (back, together)

2-3           Rock R, recover L  
4&5           Turn 3/4 right shuffle R L R - □ □ □ 6:00  
6-7           Step L fwd, kick R (low kick)  
8&           Step R back, step L beside R

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