

Maybe I Can Get Some Sleep

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 1 级数: Newcomer Country
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音乐: Maybe I Can Get Some Sleep – by Buck Owens & Susan Raye



S01: Toe strut to right side – Chasse – Back rock – Recover

1-2-3-4 RF. toe step to right side – RF. heel set down – LF. toe cross over RF. – LF. heel set down
5&6-7-8 RF. step to right side – LF. step together – RF. step to right side – LF. rock back – Recover weight onto RF.

S02: Cross rock – Recover – Chasse with ¼ turn left – Jazz box

1-2-3&4 LF. cross over RF. – Recover weight onto RF. – LF. step ¼ turn to left side – RF. step together – LF. step to left side [09]
5-6-7-8 RF. cross over LF. – LF. step back – RF. step to right side – LF. step together beside RF.

S03: Diagonally step forward – Lock behind – Step forward – Scuff (2 x)

1-2-3-4 RF. step (diagonally) right forward – LF. lock behind RF. – RF. step forward – LF. scuff forward
5-6-7-8 LF. step (diagonally) left forward – RF. lock behind LF. – LF. step forward – RF. scuff forward

S04: Rocking chair – Pivot ½ turn left – Pivot ¼ turn left

1-2-3-4 RF. rock forward – Recover weight onto LF. – RF. rock back – Recover weight onto LF.
5-6-7-8 RF. step forward – RF./LF. ½ turn left – RF. step forward – RF./LF. ¼ turn left [12]

TAG ONE : After wall 4 and wall 6.

\$01 Step forward – Hold – Step forward – Hold – Step forward (2 x) – Jump (R – L)

1-2-3-4 RF. step forward – Hold – LF. step forward – Hold
5-6-7-8 RF. step forward – LF. step forward – Jump (R – L)

TAG TWO : After wall 5

#01 Right side step – Together – Side step – Together – Kick ball cross – Side step – Touch

1-2-3-4 RF. step to right side – LF. step together – RF. step to right side – LF. step together
5&6-7-8 RF. kick forward – RF. set ball down – LF. cross over RF. – RF. step to right side – LF. touch beside RF.

#02 Left side step – Together – Side step – Together – Kick ball cross – Side step – Touch

1-2-3-4 LF. step to left side – RF. step together – LF. step to left side – RF. step together
5&6-7-8 LF. kick forward – LF. set ball down – RF. cross over LF. – LF. step to left side – RF. touch beside LF.

#03 Right side step – Together – Side step – Together – Kick ball cross – Side step – Touch

1-2-3-4 RF. step to right side – LF. step together – RF. step to right side – LF. step together
5&6-7-8 RF. kick forward – RF. ball set down – LF. cross over RF. – RF. step to right side – LF. step together

#04 Left side step – Hold – Together – Hold – Side step – Together – Side step - Touch

1-2-3-4 LF. step to left side – Hold – RF. step together – Hold
5-6-7-8 LF. step to left side – RF. step together – LF. step to left side – RF. touch beside LF.

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