

You Better Believe

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Advanced NC2S
编舞者: Maggie Gallagher (UK) & Gary O'Reilly (IRE) - April 2017
音乐: You Better Believe - Train : (iTunes)



Intro: 16 count

S1: PRESS, RECOVER, ½, ½, ½, ¼, SWAY, SWAY, ROCK & CROSS, BALL WALK

- 1-2 Press forward on left, Recover on right starting to make ½ turn left
3&4& Complete ½ left stepping forward on left, ½ left stepping back on right, ½ left stepping forward on left, ¼ left stepping right slightly to right side [3:00]
5-6 Sway left, Sway right
7&8 Rock left to left side, Small ball step right next to left, Cross left over right turning ½ right to right diagonal [4:30]
&1 Small step forward on ball of right, Walk forward on left

S2: ½ PIVOT, WALK, RUN R-L, WALK, ¼ WALK, WALK, ½, ½, ¼

- 2-3 ½ pivot right on balls of feet stepping forward on right, Walk forward on left [10:30]
4& Small run forward on right, Small run forward on left turning ¼ left [7:30]
5-6 1/8 left walking forward on right stepping slightly across left, ¼ left walking forward on left [3:00]
7 Walk forward on right
8&1 ½ right stepping back on left, ½ right stepping forward on right,* ¼ right taking long step to left side dragging right close to left [6:00]

S3: BACK ROCK, SIDE ROCK, CROSS SIDE BEHIND/HITCH, BEHIND SIDE POINT, ¼ SWEEP

- 2&3& Cross rock right behind left, Recover on left, Rock right to right side, Recover on left
4&5 Cross right over left, Step left slightly to left side, Cross right behind left ronde hitching left knee around from front to back
6&7 Cross left behind right, Step right slightly back to right side (open body to right diagonal [7:30]), Point left toe diagonally left
8 ¼ left stepping slightly forward on left ronde sweeping right from back to front [3:00]

S4: CROSS BACK SIDE, BEHIND SIDE FWD, CROSS BACK SIDE, BEHIND FWD RUN RUN

- 1&2 Cross right over left, ½ right stepping back on left, ½ right stepping right to right side [6:00]
3&4 Step left behind right, ½ right stepping right to right side, ½ right stepping forward on left [9:00]
5&6 Cross right over left, ½ right stepping back on left, ½ right stepping right to right side [12:00]
7&8& Step left behind right, ¼ right stepping forward on right, Run forward on left, Run forward on right [3:00]

(Note: counts 1 - 8 will make a full reverse diamond turn)

* Restarts: *

Wall 2 after 16& counts facing [6:00]

Wall 5 after 16& counts facing [3:00]

We hope you enjoy this powerful piece of music ☐ x x x

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