

If I Told You

COPPERKNOB
BY STEPHEN HETS

拍数: 48 墙数: 2 级数: Easy Intermediate
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音乐: If I Told You - Darius Rucker : (Single)



Start on vocals: 16 counts in.

[1-9] □ WALK, WALK, ¼, CROSS SHUFFLE, SIDE ROCK, ¼ COASTER

1,2,3 Step R fwd, step L fwd, turn ¼ right taking weight on R □ - 3:00
4&5 Cross L over right, step R to side, cross L over right - 3:00
6,7 Rock R to side, recover weight on L - 3:00
8&1 Turn ¼ right and step R behind left, step L together, step R fwd □ - 6:00

[10-17] □ ROCK, RECOVER, L LOCK BACK, SWEEP, SWEEP, COASTER STEP

2,3, Rock fwd on L, recover weight on R - 6:00
4&5 Step L back, Cross (lock) R over left, step L back - 6:00
6,7 Sweep R from front to back, sweep L from front to back. □ - 6:00
8&1 Step R back, step L together, step R fwd □ - 6:00

[18-24] □ SIDE ROCK, BEHIND-1/4-FWD, FWD, TAP, L LOCK BACK

2,3,4&5 Rock L to side, recover weight on R, cross L behind right, turn ¼ r and step R fwd, step L fwd. □ □ 9:00
6,7,8&1 Step R fwd, tap L behind right, Sep L back, corss(lock) R over left, step L back - □ 9:00

[25-33] □ BACK, ½, SIDE SHUFFLE, ROCK BACK, RECOVER, KICK-BALL-CROSS

2,3,4&5 Step R back, turn ½ left and step L fwd, step R to side, step L together, step R to side - 3:00
6,7,8&1 Rock L back behind right, recover on R, Kick L to fwd L diagonal, step L tog, cross R over left - 3:00

[34-40] □ ROCK L, RECOVER R, BEHIND, KICK-BALL-CROSS, ROCK R, RECOVER

2,3,4 Rock L to side, recover weight on R, cross L behind R □ - 3:00
5&6 Kick R to right diagonal, step R tog, cross L over right - □ 3:00
7,8 Rock R to side, recover weight on L - 3:00

[41-48] □ CROSS-SIDE-BEHIND-SIDE, CROSS, ¼, SCISSORS, SIDE, ROCK BACK, RECOVER

1&2& Cross R over left, step L to side, cross R behind left, step L to side - 3:00
3,4 Cross R over left, turn ¼ right and step L back - □ 6:00
5&6& Step R to side, step L tog, cross R over left, step L to side - 6:00
7,8 Rock back on R, recover on L □ - 6:00

RESTARTS: -

Wall 3 – after 32 counts

Dance to count 32 (you will be facing 3:00), on the & count turn ¼ left (to 12:00) and step L tog. Restart.

Wall 5 – after 16 counts

Dance to count 16& (you will be facing 12:00). Restart.

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