

Mr. C

拍数: 48 墙数: 4 级数: Easy Intermediate
编舞者: Adrian Lefebour (AUS) - April 2017
音乐: Mr C - Nina Nesbitt : (Album: Peroxide - iTunes - 2:42)



Notes: 16 count intro from the strong of the song

S1: Step Back, Step Back, Coaster Step, Shuffle Fwd, 1/2 Pivot Turn

1,2 Step R back, Step L back
3&4 Step R back, Step L next to R, Step R fwd
5&6 Step L fwd, Step R next to L, Step L fwd (Shuffle fwd L)
7,8 Step R fwd, 1/2 Pivot Turn L (weight on L) (6.00)

S2: 3/4 Turn, Cross Shuffle, Step Side, Replace, Behind, Step Side, Step Fwd (RESTART-2)

1,2 1/2 Turn L Step R back, 1/4 Turn L step L to L side (9.00)
3&4 Step R across L, Step L to L side, Step R across L (R cross shuffle)
5,6 Step L to L side, Replace weight on R
7&8 Step L behind R, Step R to R side, Step L fwd

S3: 1/2 Pivot Turn, Dorothy x2, 1/2 Pivot Turn

1,2 Step R fwd, 1/2 Pivot Turn L (weight on L) (3.00)
3,4& Long step diagonally fwd on R, Lock Step L behind R, Step R slightly fwd
5,6& Long step diagonally fwd on L, Lock Step R behind L, Step L slightly fwd
7,8 Step R fwd, 1/2 Pivot Turn L (weight on L) (9.00)

S4: Kick Ball Step x2, Jazz Box Step (RESTART-1)

1&2 Kick R fwd, Step on ball of R, Step L fwd
3&4 Kick R fwd, Step on ball of R, Step L fwd
5,6 Step R over L, Step L back
7,8 Step R to R side, Step L next to R (weight on L)

S5: Heel Fwd, Step Together, 1/4 Turn Heel Fwd, Step Together - Repeat

1&2& Place R heel fwd, Step R next to L, 1/4 Turn L Place L heel fwd, Step L next to R (6.00)
3&4& Place R heel fwd, Step R next to L, 1/4 Turn L Place L heel fwd, Step L next to R (3.00)

Heel Fwd, Flick Foot/Heel, Heel Fwd, Step Together - Repeat

5&6& Place R heel fwd, Flick R foot/heel to back, Place R heel fwd, Step R next to L
7&8& Place L heel fwd, Flick L foot/heel to L back, Place L heel fwd, Step L next to R (weight on L)

S6: 1/2 Pivot Turn, Shuffle Fwd, 1/2 Pivot Turn, 1/2 Turn Shuffle

1,2 Step R fwd, 1/4 Paddle turn L (weight on L) (9.00)
3&4 Step R fwd, Step L next to R, Step R fwd (Shuffle fwd R)
5,6 Step L fwd, 1/2 Pivot turn R (weight on R) (3.00)
7&8 1/2 Turn R step L back, Step R next to L, Step L back (9.00)

START AGAIN

RESTARTS

- .1 – On wall 2, dance to count 32 and restart dance facing the 6.00 wall.
- .2 – On wall 5, dance to count 16 and restart dance facing the 9.00 wall.

FINISH: On wall 7, dance till the end and then just walk back R and turn 1/4 L to step L to L side to the front wall.

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