

Vaiana

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Dwight Meessen (NL) - May 2017
音乐: How Far I'll Go - Alessia Cara : (Album: Vaiana)



Start after 24 counts on vocals

S1: Rumba Box, Coaster, Chase ½ R Cross

1&2 RF step side, LF together, RF step forward
3&4 LF step side, RF together, LF step back
5&6 RF step back, LF together, RF step forward
7&8 LF step forward, L+R ½ turn right, LF cross over

S2: Scissor Into Cross Shuffle, ¼ L Fwd, Chase ½ L, Full Turn R

1& RF step side, LF together
2&3 RF cross over, LF step slightly side, RF cross over
4 LF ¼ left step forward
5&6 RF step forward, R+L ½ turn left, RF step forward
7-8 LF ½ right step back, RF ½ right step forward

S3: Mambo Fwd, Coaster Into Pivot ½ L, Cross, Scissor

1&2 LF rock forward, RF recover, LF step slightly back
3&4 RF step back, LF together, RF step forward
5-6 R+L ½ turn left, RF cross over
7&8 LF step side, RF together, LF cross over

S4: Ball Cross Unwind Full Turn R, Chassé, Rock Behind Recover Side, Behind, ¼ L Fwd, Fwd

&1-2 RF step beside on ball foot, LF cross over, L+R full turn right
3&4 RF step side, LF together, RF step side
5&6 LF rock behind, RF recover, LF step side
7&8 RF cross behind, LF ¼ left step forward, RF step forward

S5: Toe Switches, Kick Ball Cross, Side, Touch, Side, ¼ L Coaster

1&2& LF point side, LF together, RF point side, RF together
3&4 LF kick left forward, LF step beside on ball foot, RF cross over
5&6 LF step side, RF touch beside, RF step side
7&8 LF ¼ left step back, RF together, LF step forward

S6: Mambo Fwd, Coaster Cross, Unwind ¾ R, Chassé, Rock Behind Recover

1&2 RF rock forward, LF recover, RF step slightly back
3&4 LF step back, RF together, LF cross over
5 L+R ¾ turn right
6&7 LF step side, RF together, LF step side
8& RF rock behind, LF recover

Start again

TAG: After the 1st and 3rd walls:

Rock Side Recover, Rock Behind Recover

1-4 RF rock side, LF recover, RF rock behind, LF recover

Ending: Dance the last wall up to and including count 28 (count 4 of the 4th section) and end with:

5 LF ¼ left, step forward [12]

