

First Punch

COPPER KNOB
STEPPED

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Ed Evangelista (USA) - May 2017
音乐: First Punch - Heather Richardson



Intro: Begin on lyrics, no tags, no restarts. Yeah!!

CROSS ROCK, SHUFFLE, CROSS ROCK SUFFLE

1-2 Cross rock R over L, recover to L
3&4 Side shuffle right-left-right
5-6 Cross rock L over R, recover to R
7&8 Side shuffle left-right-left

WIZARD RIGHT, WIZARD LEFT, ROCK RECOVER COASTER STEP

1-2& Step R diagonal right, step L behind R, step on R
3-4& Step L diagonal left, step R behind L, step on L
5-6 Rock forward on R, recover L
7&8 Step R back, step on L next to R, step forward on R

PIVOT ¼ TURN SYNCOPATED WEAVE, SIDE ROCK SYNCOPATED WEAVE

1-2 Step forward on L, pivot ¼ turn shift weight to R
3&4 Step L behind R, step R to side, cross L over R
5-6 Rock R side right, recover on L
7&8 Step R behind L, step L to side, cross R over L with weight on R

ROCKING CHAIR, COASTER STEP, CROSS ROCK RECOVER

1-2 Rock forward on L, recover to R
3&4 Step back on L, step R together, step forward on L
5-6 Cross R over L, recover to L
7-8 Rock R side right, recover weight to L

START OVER & ENJOY!!

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