

Let Me Rock

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Sometimes - Kat Graham



Intro : 32 count

Sec1 : Side Toe Switch R, L, R, Recover on R, R Hip Bump, Ball Cross, Step L back

1 & 2 Touch R to R, step R next to L , touch L to L

[Hand movement : Cross R hand over L (1), open both hand to the side (2)]

&3 4 Step L next to R, touch R to R, step down on R

[Hand movement : Move R hand like drawing "S" from front to above head]

5 – 6 R hip bump twice [Move your R palm as you nod your head down & up]

& 7 8 Step L next to R, cross R over L, step back on L

Sec 2 : R Coaster, Step L forward, Brush and Hitch R, Press R forward, Row R Hip Forward & Backward

1 & 2 Step back on R, step L next to R, step R forward

&3&4 Step L forward, brush and hitch R, press R forward

5 – 8 Row your R hip forward and backward twice (end weight on L)

[Hand movement : Row your hand like rowing a boat]

Sec 3 : R Coaster Cross Shuffle, 1/2 turning L , Touch to R, Body roll to R & L

1 & 2 Step back on R, step L next to R, cross R over L

& 3 4 Step L to L, cross R over L, 1/2 turn L stepping on L (weight on L) [6]

5 – 8 Step R to R as you body roll to the R , step on L body roll to the L (end weight on L)

Sec 4 : Walk forward R L, Step to R and L, Recover, Cross L over R, Touch to R 1/4 turning L, Move R Knee Out, In, Out, Close both feet.

1 – 2 Walk forward R, walk forward L

&3&4 Step R to R, step L to L, step R to center, cross L over R

5 – 8 Touch R to R 1/4 turning L, move your R knee out, in, out, close both feet together (with a little jump). [3]

[Hand movement; snap your finger next to R knee in sequence as you move]

End facing 9 o'clock – on count 8

Closed both feet ~ snap your finger to R side by overlooking your R shoulder.

**** Happy Dancing ! ****

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