Settle It Down



拍数: 32 墙数: 4 级数: High Beginner

编舞者: Kristal Lynn Konzen (USA) - May 2017

音乐: Love Again - Todd O'Neill



Hold 24 counts; begin dancing when Todd starts singing

Step diagonal R forward, step L directly behind R, step R forward
Step diagonal L forward, step R directly behind L, step L forward
Scuff right foot forward, step R foot down, step L next to R

7,8 Double hip bump to the right

Section 2: Left Vine with 1/4 Turn Left, Hitch, Drag back, Coaster Step

1,2,3 Step L to side, step R foot behind L, step L to L side with a ¼ turn Left

4 Scuff R foot up to Hitch (9:00)

5,6 Step back onto R foot, drag L foot in front of R

7&8 Step slightly behind with L, step R together, step L foot slightly forward

Section 3: Skater Steps to Right, Skater Steps to Left with 1 1/4 Turn

1,2 Step (slide motion) onto R foot, step (slide motion) onto L foot

3&4 Step R to side, step L in to meet R, step R foot out

5,6 Step (slide motion) onto L foot, step (slide motion) onto R foot

7&8 Step ¼ onto L, step R close ½ turn, step L ¼ turn over Left shoulder (6:00)

Section 4: Three Turning Shuffles, 1/4 Turn Left Sailor Step

1&2 Step R side, step L together, step R side

Step L side as ¼ turn, step R together, step L side Step R side as ¼ turn, step L together, step R side

&7,8 Step back onto L foot as ¼ turn, step R next to L, step L forward (9:00)

BEGIN AGAIN

Have fun!

XO Kristal Lynn

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