

UFS (Uptown Funk Shuffle)

COPPERKNOB
BY STEPHEN

拍数: 28 墙数: 4 级数: Improver / Intermediate
编舞者: Rhonda Hurles (USA) - May 2017
音乐: Uptown Funk (feat. Bruno Mars) - Mark Ronson



(Counts 1-8) Diagonal Right and left, step Lock step shuffles

- 1-2 step Diagonal to Right taking weight on to right, step Left behind right (into lock step position)
- 3-4 shuffle fwd right left right (repeat to left)
- 5-6 step diagonal left taking weight onto Left, step right behind left (into lockstep position)
- 7-8 shuffle left right left

(Counts 9-16) Heal switches, Heal grind & 1/4 turn rotation

- 9-10 Place right heal in front, switch to left
- 11-12 Place right heal in front, grind right heel, turn to the left ¼ rotation
- 13-14 Left heal in front, switch to right
- 15-16 Place left heel in front, grind left heel turn to the right ¼ rotation (facing front)

(count 17-24) V step fwd/back to center, right cross over weave ¼ turn right (Wall Change)

- 17-18 Step Forward right lead onto right foot into v step position, step onto left
- 19-20 Return back to center right lead followed by left foot (Back to position 1)
- 21-22 (weave step) Cross right foot over left rotating ¼ turn to your right, stepping onto your left foot (taking weight onto left)
- 23-24 step right behind left then step out to the left (Taking weight onto left)

(counts 25-28) Hip Bumps, single right/left, double right

- 25-26 Hip bump to the right stepping slightly forward onto right foot, bump right hip fwd and left hip back
- 27-28 bump right hip 2x fwd (Double Bump)

Thank you! I hope you enjoy this fun dance!

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