

Clear Isabel

拍数: 32 墙数: 4 级数: High Beginner - Country
编舞者: Flo Moresteps (FR) - May 2017
音乐: Clear Isabel - Aaron Watson : (Album: Vaquero)



Intro: 16 counts (Isa*bel*...) – Clockwise

SECTION 1: STEP, STEP, MAMBO, BACK, BACK, COASTER STEP.

1 - 2 Step RF forward, Step LF forward
3&4 Rock RF, Recover on LF, Recover on LF, Step RF back
5 - 6 Step LF back, Step RF back
7&8 Step LF back, Step RF next to LF, Step LF forward

RESTART: on wall 5 (Facing 12:00) restart from beginning of dance

SECTION 2: SIDE, TOGETHER, SIDE CHASSE, ROCK 1/4, CROSS SHUFFLE

1 - 2 Step RF to R side, Step LF next to RF
3&4 Step RF to R side, Step LF next to RF, Step RF to R side
5 - 6 Rock LF forward, Pivot 1/4 turn R recovering on RF [3:00]
7&8 Cross LF in front of RF, Step RF next to LF, Step LF in front of RF

SECTION 3: SIDE ROCK, HALF FIGURE OF EIGHT, RECOVER

1 - 2 Rock RF to R side, Recover on LF
3 - 4 Step RF behind LF, Pivot 1/4 Left stepping LF forward
5 - 6 Step RF forward, Pivot 1/2 Left stepping LF forward
7 - 8 Pivot 1/4 Left rocking LR to right side, Recover on LF

SECTION 4: JAZZ BOX, V STEP

1 - 2 Cross RF in front of LF, Step LF back
3 - 4 Step RF to right side, Step LF Forward
5 - 6 Step RF to R Diagonal, Step LF to L Diagonal
7 - 8 Step RF back in, Step LF next to RF

Start again from beginning of dance

Breath, Look Straight Ahead, Smile!

Copyright © Flo Moresteps (flo.moresteps@gmail.com) – Videos/Fiches/Stepsheets:
<http://countryagogo.free.fr>