

Keep It In The Dark

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Improver
编舞者: Lynn Card (USA) & Rob Holley (USA) - May 2017
音乐: In the Dark - Clayton Anderson : (EP: Only To Borrow - iTunes)



Intro: 32 (start on vocals)

[1-8] RIGHT KICK BALL TOUCH, LEFT KICK BALL TOUCH, HIP SWAYS R/L, COASTER

1&2 Kick R forward, step ball of R next to L, touch L next to R
3&4 Kick L forward, step ball of L next to R, touch R next to L
5-6 Step R to R side while swaying hip to R, sway hips to L (weight on L)
7&8 Step R back, step L back, step R forward

[9-16] HEEL SWITCHES (X2), WALK FWD (X3), HOLD, BALL STEP, TOUCH

1&2& Touch L heel forward (1), step L next to R (&), touch R heel forward (2), step R next to L (&)
3-6 Step L forward, step R forward, step forward L, hold
&7-8 Step R next to L (&), step forward L (7), touch R next to L (8)

Restart #1 - wall 4

[17-24] SIDE SHUFFLE R, STEP BACK, CROSS STEP, ¼ TURN L FORWARD SHUFFLE, ¼ PIVOT L

1&2 Step R to R side, step L next to R, step R to R side
3-4 Step L back, cross R over L
5&6 Turn ¼ L & step L forward, step R next to L, step L forward (9:00)
7-8 Step R forward, turn ¼ L weight on L (6:00)

[25-32] SAILOR STEP RIGHT, SAILOR ¼ TURN LEFT, STEP, BUMP, HIP BUMP L/R/L

1&2 Step R behind L, step L in place, step R next to L
3&4 Turn ¼ L and step L behind R, step R in place, step L next to R (3:00)

****Restart #2 - wall 8****

5-6 Step R slightly forward, bump R hip forward
7&8 Bump L hip back, bump R hip fwd, bump L hip back (weight on L)

Restart #1 after count 16 on wall 4 facing 9:00

****Restart #2 after count 28 on wall 8 facing 9:00****

Contact: Lynn - lynncard28@gmail.com

Contact: Rob - holleyrp1966@gmail.com