The Bells Are Ringing

级数: Easy Intermediate

编舞者: Hiroko Carlsson (AUS) - May 2017

音乐: The Bells Are Ringing - The Van Dykes : (iTunes)

(Intro: 16 count / Start on vocals)

[S1] 2x Syncopated Back-Lock-Back, Rock Back-Recover, &, 2x Syncopated Twinkle, Fwd Rock-Recover, &

- 1&a Step R back, Cross L over R, Step R back
- 2&a Step L back, Cross R over L, Step L back
- 3 4& Rock R back, Recover weight on L, Step R beside L**
- 5&a Diagonally cross L over R, Side rock R, step L beside R
- 6&a Diagonally cross R over L, Side rock L, step R beside L
- 7 8& Rock L fwd, Recover weight on R, Step L beside R

[S2] Paddle Turn, Syncopated Weave L with Sweep, 1/4L Syncopated Weave L with Sweep, 1/4L Syncopated Weave L with Sweep

- 1 2 Step R fwd, Turning 1/4L weight on L (9:00)
- 3&a4 Cross R over L, Step L to side, Step R behind L, Step L to side and sweep R around L
- 5&a6 Turning 1/4L and cross R over L, Step L to side, Step R behind L, Step L to side and sweep R around L
- 7&a8Turning 1/4L and cross R over L, Step L to side, Step R behind L, Step L to side and sweep
R around L (3:00)

[S3] Cross Rock, 1/4R Shuffle Fwd, Pivot Turn, R Triple Turn Fwd,

- 1 2 Cross R over L, Recover weight on L
- 3&4 Turning 1/4R step R fwd, Step L next to R, Step R fwd
- 5 6 Step L fwd, Turning 1/2R recover weight on R
- 7&8 Step L fwd turning 1/2R, turning further 1/2R step R fwd, Step L fwd (12:00)

[S4] Side Rock-Recover, &, Side Rock-Recover, &, Pivot Turn, Syncopated Waltz Fwd-Waltz Back

- 1 2& Step R to side, Recover weight on L, Step R together
- 3 4& Step L to side, Recover weight on R, Step L together
- 5 6 Step R fwd, Turning 1/2L recover weight on L
- 7&a Step R fwd, Step L beside R, Step R next to L
- 8&a Step L back, Step R beside L, Step L next to R

Restart: Wall 3 Count 4** and Wall 6 Count 4** with step changes (both facing 12:00) Change to

3 4& Rock R back, Recover weight on L, Touch R beside L weight on L

(Updated: 25/Apr/17)

Please contact me. I will send Demo via e-mail as an attachment. (hirokocarlsson@gmail.com)





拍数: 32

墙数:2