

Numero Una

拍数: 64 墙数: 4 级数: Intermediate
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音乐: Una en un Millon (feat. Chino & Nacho) - Joey Montana : (CD: Unico - amazon & iTunes)



Intro: 16 counts

S1. □ Cross Step, Point Side, Behind, Sweep Across, Sweep/Step Behind, Side, Cross Shuffle

1-2 Cross left over right. Point right to right side.
3-4 Cross right behind left. Sweep left across right to left side.
5-6 Sweep/step left behind right. Step right to right side.
7&8 Cross left over right. Step right to right side. Cross left over right.

S2. □ Side, Hold, Sailor Step, Cross, 1/4 Turn Back, Chasse 1/4 Turn

1-2 Step right to right side. Hold. (Option: Drag left towards right on Count 2)
3&4 Cross left behind right. Step right to right side. Step left to left side.
5-6 Cross right over left. Turn 1/4 right and step back on left. (3 o'clock)
7&8 Turn 1/4 right and step right to right side. Step left beside right. Step right to right side. (6 o'clock)

S3. □ Jazz Box, Point Side, 1/4 Turn Forward, 1/2 Turn Back, Step Back, Point Forward

1-4 Cross left over right. Step back on right. Step left to left side. Point right to right side. (Styling: Bachata Hip)
5-6 Turn 1/4 right and step forward on right. Turn 1/2 right and step back on left. (3 o'clock)
7-8 Step back on right. Point left forward. (Styling: Bachata Hip)

S4. □ Jazz Box, Cross, Side Mambo, Point Side, Flick

1-4 Cross left over right. Step back on right. Step left to left side. Cross right over left.
5&6 Rock left to left side. Recover onto right. Step left beside right.
7-8 Point right to right side. Flick right.

S5. □ Right Samba, Left Samba, Walks x 3 1/2 Turn, Out-Out

1&2 Cross right over left and slightly forward. Rock left to left side. Recover on right.
3&4 Cross left over right and slightly forward. Rock right to right side. Recover onto left.
5,6,7 Make 1/2 turn left walking in a semi-circle right, left, right. (9 o'clock)
&8 Step left to left side. Step right to right side.

S6. □ Hip Bump x 2, Kick-Ball-Cross, Side, Drag, Syncopated Diagonal Back Rock/Recover, Step Forward

1-2 Bump right hip right x 2
3&4 Kick left to left diagonal. Step left beside right. Cross right over left.
5-6 Step left long step to left side. Drag right towards left.
7&8 Cross rock right behind left turning to right diagonal. Recover on left. Step forward on right. (10:30)

S7. □ Low Kick-Ball-Step, Step, Pivot 1/2 Turn, 1/2 Turn Back, 1/2 Turn Forward, Shuffle Forward

1&2 Kick left low kick forward. Step forward on left. Step forward on right. (10:30)
3-4 Step forward on left. Pivot 1/2 turn right.
5-6 Turn 1/2 right and step back on left. Turn 1/2 right and step forward on right. (Alt: Walk forward left, right)
7&8 Shuffle forward stepping left-right-left. (4:30)

S8. Right Grapevine with Flick, 1/4 Turn Forward, 1/4 Turn Side, Behind, Side

- 1-2 Turn 1/8 left (to face 3 o'clock) stepping right to right side. Cross left behind right. (Alt: Rolling Vine)
- 3-4 Step right to right side. Flick left behind right. (Styling Option: On count 4 Snap right fingers up)
- 5-6 Turn 1/4 left and step forward on left. Turn 1/4 left and step right to right side. (9 o'clock)
- 7-8 Cross left behind right. Step right to right side.

(Alt: 5-8 Rolling Vine turning 1 1/4 left, 1/4 turn left stepping right to right side)

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