

Swept Away

拍数: 32 墙数: 4 级数: High Intermediate
编舞者: Linda McCormack (UK) - April 2017
音乐: Swept Away (feat. Lennon Stella & Jessy Schram) - Nashville Cast : (Album: The Music of Nashville, Season 4, Volume 2)



Notes: 16 count intro

[&1-8] ½ turn sweep, behind, side cross rock, walk back x 2, ¼ sway x 3, ¾ turn with hitch, cross, side.

- 1,2& Stepping forward on the RF, ½ turn over the left shoulder sweeping the LF around the RF (&1); cross LF behind the RF (2); step RF to right side (&);
- 3,4& 1/8th turn to the right (into the right diagonal) step forward on the LF and drawing the RF behind (3); walk back on the RF (4); walk back on the LF (&);
- 5,6& ¼ turn to the right stepping RF to right side, with slight sway (5); sway weight back onto LF (6); sway weight back onto RF (&);
- 7,8& Take weight onto LF, turning 3/8th to the left (9.00 wall) whilst hitching over the right knee (7); cross the RF over the LF (8); step the LF to the left side (&);

Restart (within wall 3); dance up to count 8, on count & instead of stepping LF to left side, turn ¼ stepping forward on the LF, to face 6.00 wall, ready to start again stepping forward on RF to ½ turn sweep.

[9-16&] Behind, sweep, behind, side, 1/8th forward, walk x 2, 1/8th cross, 1/8th back, walks x 3, 1/8th forward, ½ back.

- 1,2& Step RF behind LF and sweep LF around (1); cross LF behind RF (2); step RF to right side (&);
- 3,4& 1/8th turn right stepping forward on LF (3); step forward on RF (4); step forward on LF (&);
- 5,6& 1/8th turn right (12.00 wall) crossing RF over LF (5); 1/8th turn right stepping back on LF (6); step back on RF (&);
- 7,8& Step back on LF (7); 1/8th turn right stepping RF forward (8); ½ turn over right shoulder stepping back onto LF (&);

[17-24&] ¼ basic nightclub R, basic nightclub L, side, behind, ¼ forward, ½ turn pivot, ¼, side.

- 1,2& ¼ turn right stepping RF to right side (1); rock back on LF (2); recover weight forward and crossed onto RF (&);
- 3,4& Step LF to left side (3); rock back on RF (4); recover weight forward and crossed onto LF (&);
- 5,6& Step RF to right side (5); cross LF behind RF (6); ¼ turn right stepping RF forward (&);
- 7,8& Step forward on LF and ½ turn pivot over right shoulder (7); ¼ turn right stepping RF over (8); step LF to left side (&);

[25-32&] Cross whilst hitching over, cross rock recover x 2, ¼, ½ turn pivot, rock forward, recover, together, step forward.

- 1,2& Cross RF slightly over LF and hitch right knee over left (1); cross rock LF over RF (2); recover weight back onto RF (&);
- 3,4& Step LF to left side (3); cross rock RF over LF (4); recover weight back onto LF (&);
- 5,6& ¼ turn right stepping RF forward (5); step forward on the LF (6); ½ turn over right shoulder (weight finishes forward on the RF) (&);
- 7&8& Rock forward on the LF (&); recover weight back onto the RF (&); step LF next to RF (8); step forward on the RF (&);

Tag: 4 count, end of wall 6

- 1-2 Step forward LF (1); ½ turn over right shoulder stepping forward on the RF (2);
- 3&4& rock forward on the LF (3); recover weight back onto RF (&); step back on LF (4); step forward on the RF (keeping weight even) (&);

