

Gold Rockabye Baby (寶寶好好睡) (zh)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Absolute Beginner
编舞者: Amy Yang (TW) & Li Michelle (MY) - 2017年05月
音乐: Rockabye (feat. Sean Paul & Anne-Marie) (Moshe Buskila Remix) - Clean Bandit



**Intro: Start after 32 counts or start at 0.20 seconds (No Tag No Restart)
(Get Funky And Push Hips As You Dance)**

Sec. 1: SIDE MAMBO(R&L), OUT, OUT, IN, IN

1& 2 Step RF to R, Recover onto LF, Step RF beside LF
3& 4 Step LF to L, Recover onto RF, Step LF beside RF
5 - 8 Step R forward diagonal R, step L forward diagonal L, Step RF back to center , Step LF together
1&2 右足右踏,重心回左足,右足併於左足旁
3&4 左足左踏,重心回右足,左足併於右足旁
5 - 8 右足右斜前踏,左足左斜前踏,右足後踏,左足併於右足旁

Sec. 2: CROSS, RECOVER, SIDE, RECOVER, CROSS, RECOVER, LONG SIDE, DRAG, HIP BUMP

1&2& Cross RFOver LF, Recover onto LF, Step RF to R, Recover onto LF
3& 4 Cross RFOver LF, Recover onto LF, Step RF to R(no recover weight)
5 - 6 Long step RF to R, Drag LF toward RF and touch LF beside RF
7& 8 Bump hip L、 R、 L
1&2& 右足右踏,重心回左足,右足右踏,重心回左足
3& 4 右足右踏,重心回左足,右足右踏(不回重心)
5 - 6 右足右踏大步,左足拖至右足及點收於右足旁
7& 8 推臀左、右、左

Sec. 3: 1/4 TURN L FORWARD, TOUCH, HIP BUMP, 1/2 TURN R FORWARD, TOUCH, HEEL SWIVELS

1-2,3&4 1/4 turn L step LF forward, Touch RF beside LF, Bump hip R、 L、 R(09:00)
5-6,7&8 1/2 turn R step RF forward, Step LF beside RF, Swivel both heels to R , Swivel both heels to L, Swivel both heels to center(weight onto LF) (03:00)
1-2,3&4 左轉 1/4左足前踏,右足點收於左足旁,右推臀右、左、右(09:00)
5-6,7&8 右轉 1/2 右足前踏,左足併於右足旁,旋轉兩足腳踵向右,旋轉兩足腳踵向左,旋轉兩足 腳踵向中心(左足重心)(03:00)

Sec. 4: BACK TOE STRUT WITH 1/4 TURN R

1 - 4 Touch RF toes back, Drop RF heel down, Touch LF toes back, Drop LF heel down
5 - 8 1/4 turn R touch toes on RF, Drop RF heel down, Touch LF toes back, Drop LF heel down(06:00)
1 - 4 右足腳趾後點,右足腳踵踏下,左足腳趾後點,左足腳踵踏下
5 - 8 右轉1/4右足腳趾點,右足腳踵踏下,左足腳趾後點,左足腳踵踏下(06:00)

Start again.

**Ending : During wall 9, after 16 counts(facing 12:00)
結束:跳到第九面牆 , 16拍(面向12: 00)**

Have Fun & Happy Dancing !

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