Sweet Blindness



拍数: 40 墙数: 2 级数: High Beginner

编舞者: Sonja Hemmes (USA) - April 2017

音乐: Sweet Blindness - The 5th Dimension : (Album: The Ultimate 5th Dimension)



Dance Starts 16 beats in

S1: ROCK, RECOVER, ROCK, SCUFF, ROCK, RECOVER, ROCK, SCUFF		
1-4	Rock right forward, recover onto left, rock right forward, scuff	
5-8	Rock left forward, recover onto right, rock left forward, scuff	

S2: COASTER FORWARD, COASTER BACK WITH HOLDS

Step right forward, step left next to right, step right back, hold
Step left back, step right back next to left, step left forward, hold

S3: 2 x 1/8 PIVOT TURNS, JAZZ BOX CROSS

1-2	Step forward on right, 1/8 pivot turn left
3-4	Step forward on right, 1/8 pivot turn left
5-6	Cross right over left, step back on left

7-8 Step right to right side, cross step left over right

S4: STEP RIGHT TO RIGHT SIDE, HIP BUMPS, STEP LEFT TO LEFT SIDE, HIP BUMPS

1-4	Step right to right side, touch left next to right, bump hips left, right
5-8	Step left to left side, touch right next to left, bump hips right, left

S5: STEP TOUCH TURNING 1/4 LEFT, SCUFF, ROCKING CHAIR

1-2	Step right to right side, touch left next to right
3-4	Step left to left side turning 1/4 left, scuff with right
5-6	Rock right forward, return weight on left
7-8	Rock right back, return weight on left

DANCE RHYTHM – Dance the same 40 count dance when music is slow or fast Slow rotations are 1, 5, 9

**2 RESTARTS:

ENDING: At the end of the 12th rotation, you will be facing the 6 o'clock wall, the music stops, dance the rock, recover, rock, scuff 3 times to the left until you are facing the 12 o'clock wall. A few musical notes return to end the dance.

^{*1}st will be at the 4th rotation at the 6 o'clock wall after 24 counts, you will be facing the 3 o'clock wall, Restart the dance

^{**2}nd will be at the 8th rotation facing the 9 o'clock wall after 24 counts, you will be facing the 6 o'clock wall, Restart the dance