

# No Roots

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Dwight Meessen (NL) - April 2017  
音乐: No Roots - Alice Merton : (Album: No Roots)



## Intro 24 counts

### S1: Out Out, Hold, Ball Cross, Side, Sailor ¼ L, Cross, Point

&1-2      RF step side (out), LF step side (out), hold  
&3-4      RF step back to center on ball foot, LF cross over, RF step side  
5&6      LF ¼ left cross behind, RF step beside, LF step slightly forward  
7-8      RF cross over, LF point side [9]

### S2: Out Out, Hold, Sailor, Sailor ¼ R Into Pivot ½ L, Fwd

&1-2      LF step side (out), RF step side (out), hold  
3&4      LF cross behind, RF step beside, LF step side  
5&6      RF ¼ right cross behind, LF step beside, RF step slightly forward  
7-8      R+L ½ turn left, RF step forward [6]

### S3: Rock Fwd Recover, Back, Point, Ball Fwd, Fwd, Out Out, Cross

1-4      LF rock forward, RF recover, LF step back, RF point forward  
&5-6      RF step beside on ball foot, LF step forward, RF step forward  
&7-8      LF step side (out), RF step side (out), LF cross over [6]

### S4: Out Out, Cross, Unwind ½ L, Behind, ¼ R Fwd, Pivot ½ R, Triple Full Turn R

&1      RF step side (out), LF step side (out)  
2-3      RF cross over, R+L ½ turn left  
2-3      bounce slightly  
4&      LF cross behind, RF ¼ right step forward  
5-6      LF step forward, L+R ½ turn right  
7&8      LF ½ right step back, RF ½ right step forward, LF step forward [9]

### S5: Heel Switches, Coaster, Toe Switches, Behind, ¼ R Fwd, Fwd

1&2      RF heel forward, RF together, LF heel forward  
3&4      LF step back, RF together, LF step forward  
5&6      RF point side, RF together, LF point side  
7&8      LF cross behind, RF ¼ right step forward, LF step forward [12]

### S6: Rock Fwd Recover, Ball Rock Fwd Recover, Ball Pivot ½ L, Shuffle Fwd

1-2      RF rock forward, LF recover  
&3-4      RF step beside on ball foot, LF rock forward, RF recover  
&5-6      LF step beside on ball foot, RF step forward, R+L ½ turn left  
7&8      RF step forward, LF step beside, RF step forward [6]

### S7: Sway x2, Half Box Fwd (x2)

1-2      LF step side with hips left, hips right  
3&4      LF step side, RF together, LF step forward  
5-6      RF step side with hips right, hips left  
7&8      RF step side, LF together, RF step forward [6]

### S8: Pivot ½ R, Shuffle ½ R, Coaster, Fwd, Scuff

1-2      LF step forward, L+R ½ turn right

3&4 LF ¼ right step side, RF step beside, LF ¼ right step back  
5&6 RF step back, LF together, RF step forward  
7-8 LF step forward, RF scuff [6]

**Start again**

**TAG 1: After the 1st and 3rd wall [6]**

**Side, Behind Side Cross, Side, Rock Behind Recover, Kick Ball Cross**

1 RF step side  
2&3 LF cross behind, RF step side, LF cross over  
4 RF step side  
5-6 LF rock behind, RF recover  
7&8 LF kick left forward, LF step beside on ball foot, RF cross over

**Side, Behind Side Cross, Side, Rock Behind Recover, Kick Ball Cross**

1 LF step side  
2&3 RF cross behind, LF step side, RF cross over  
4 LF step side  
5-6 RF rock behind, LF recover  
7&8 RF kick left forward, RF step beside on ball foot, LF cross over

**TAG 2: After the 5th wall [6]:**

**Out Out, Hold, Ball Cross, Hold**

&1-2 RF step side (out), LF step side (out), hold  
&3-4 RF step on ball foot back to center, LF cross over, hold

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